

# ProTip

the one thing that can make you better at everything

## A SERIES ABOUT WISDOM

Words are powerful. We know this but sometimes we don't stop to consider the impact of the words we use. Take some time to reflect on the things you say, post, or think. Then, use this guided prayer page to acknowledge ways you may be using words unwisely, plan to apologize to someone your words may have hurt, and challenge yourself to swap out harsh, unkind, or dehumanizing words for wiser words.

**ACKNOWLEDGE** God, I want to ask Your forgiveness for using my words unwisely by saying, thinking, or posting things like . . .

**PLAN** Help me find the best words to apologize to someone I may have harmed with my words. I'll start by saying . . .

**CHALLENGE** Going forward, I want to use the following wise words more often . . .

A gentle answer turns away wrath,  
but a harsh word stirs up anger.  
Proverbs 15:1 NIV