

# STUMMIN

## FAMILY DAILY DEVOTIONAL



**CHEAT CODES | MARCH 22 - 28, 2023**  
**YOUR WORDS MATTER.**

*Trust God from the bottom of your heart; don't try to figure out everything on your own.*

*Listen for God's voice in everything you do, everywhere you go; he's the one who will keep you on track.*  
*Proverbs 3:5-6 MSG*

### >> MARCH 22

One of the coolest things about wisdom is that God gives it to us generously. We don't have to wonder how to find it or if we'll find it; instead, we can look to God's Word and know that, as promised, we'll find wisdom there!

Work to memorize this piece of God's wisdom from Proverbs! Ask a friend or family member to be your partner as you memorize it together. Practice the verse, talk about the verse, write it to each other—whatever helps you as you work together to commit this passage to memory this week!

*Words from the mouth of the wise are gracious, but fools are consumed by their own lips.*

*Ecclesiastes 10:12 NIV*

### >> MARCH 23

Gracious words are kind words. They're words that build up, speak life, and offer encouragement to others. They're words that make us wise. And they're words that we all have plenty of opportunities to use throughout our day. Think about the words that come out of your mouth on a regular basis. Are they gracious? Are they kind? Are they helpful? Think about how wisdom—the wisdom that comes from God's Spirit—can help you as you choose your words.

This week, commit to being intentional about the words you use. Pay attention to how choosing your words wisely changes your conversations and your relationships in a positive way.

*A gentle answer turns away wrath, but a harsh word stirs up anger.*

*Proverbs 15:1 NIV*

### >> MARCH 24

Big feelings can be difficult to deal with. Anger, frustration, rage—those are pretty big feelings. They're the kinds of feelings that cause you to lose your temper, say things you don't mean, and struggle to move on. The next time you find yourself facing big feelings, remember the truth from Proverbs. When you're tempted to give in to big feelings that tell you to be harsh or angry, choose kindness instead. Let wisdom guide you toward a gentle answer instead of a harsh word and watch how you and those around you are impacted for the better because of it!

*Set a guard over my  
mouth, Lord;  
keep watch over  
the door of my lips.*

*Psalms 141:3 NIV*

### >> MARCH 25

Have you ever had to guard something? Whether you're guarding a base, guarding a goal, or guarding your breakfast from the family pet, it requires you to pay attention. You have to watch in order to make sure nothing happens to the thing you're protecting. In the same way you guard and protect things in your life, God calls us to guard and protect our words. We have to pay attention to what comes out of our mouths and guard the words we say to make sure they're the kinds of words that build up rather than tear down. And wisdom will help us do just that!

Today, pray that God would help you guard and watch your words. Ask for wisdom that will help you choose the right words for any situation this week.

*Who is wise and  
understanding among  
you? Let them show  
it by their good life,  
by deeds done in the  
humility that comes  
from wisdom.*

*James 3:13 NIV*

### >> MARCH 26

Who do you know who is living a good life? What is it about their life that draws you in? Maybe it's the way they're kind and welcoming to others. Maybe it's the way they're generous with what they have. Maybe it's how liked they are by the people in their lives. Or maybe it's the kind of relationship they have with God. One of the best ways we can be wise with our words is to use them to build others up! So, use your words wisely this week to let those you see living a good life know that you see it!

Whoever it is that you look up to, make a point to reach out to them this week. Talk to them about the good you see in their lives!

*May the words of  
my mouth and the  
meditation of my  
heart be pleasing to  
you, O Lord, my  
rock and my  
redeemer.*

*Psalms 19:14 NLT*

### >> MARCH 27

We all struggle with negative thoughts. We all struggle with using wise words. It's part of being human!

That's why the Psalmist gives us a prayer to help! When we're tempted to use words that will hurt—words that aren't pleasing to God—we can use this prayer. Similarly, when our hearts are tempted to give into negativity—to thoughts that aren't pleasing to God—we can use this prayer.

So, write this verse down somewhere you'll see it often. Use it as a prayer to God, your Rock and Redeemer, who can help you choose your words and thoughts wisely.

*The godly offer  
good counsel;  
they teach right  
from wrong.*

*Psalms 37:30 NLT*

### >> MARCH 28

Have you ever gotten advice from a peer and advice from a mentor that sounded totally different? It's important to pay attention to where we go for words of wisdom. This verse reminds us that it's the godly who can offer good counsel and help us see right from wrong. Those are the people we should turn to for wisdom when we need it.

Do you have wise and godly people in your life? Make a point to use your words to thank them for sharing their wise words with you.