



Theme

**BOUNCE BACK:
GET BACK UP AGAIN**

RESILIENCE | Getting back up when something gets you down

God is strong and faithful, always working in our lives. We might get knocked down from time to time, but when we put our trust in God, we find the strength we need to get back up again. Jesus showed us how to face life with resilience. No matter what happened, Jesus relied on God to help Him accomplish the mission set before Him. Because of Jesus, we can trust God no matter what. We can bounce back from whatever knocks us down and complete the mission God has for us.

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SUNDAY, OCTOBER 2 | WEDNESDAY, OCTOBER 5

BIBLE STORY | Great Commission and Spread of the Gospel | Matthew 28:16-20, Acts 1-2

SPARK STORY BIBLE | The Great Commission | p. 496-497 ; The Holy Spirit | p.502-503; Early Believers | p. 504-505

BOTTOM LINE | God is always with you.

KEY QUESTION | When have you felt alone?

SUNDAY, OCTOBER 9 | WEDNESDAY, OCTOBER 12

BIBLE STORY | Peter and John Are Taken to the Sanhedrin | Acts 3:1-4:21

SPARK STORY BIBLE | Peter Heals | p. 506-509

BOTTOM LINE | Keep going even when it gets tough.

KEY QUESTION | When have you decided to keep going?

SUNDAY, OCTOBER 16 | *WEDNESDAY, OCTOBER 26

BIBLE STORY | Paul and Silas in Prison | Acts 16:16-40

SPARK STORY BIBLE | Paul and Silas | p. 536-539

BOTTOM LINE | You can choose joy when life gets hard.

KEY QUESTION | What helps keep you going?

***WEDNESDAY, OCTOBER 19 | SUNDAY, OCTOBER 23**

NO POP KIDS | MEA BREAK

SUNDAY, OCTOBER 30 | WEDNESDAY, NOVEMBER 2

BIBLE STORY | Keep Looking to Jesus | Hebrews 12:1-3

BOTTOM LINE | Keep going because of what Jesus did for you.

KEY QUESTION | What can help you focus on Jesus?

Daily Rhythm Resources | theparentcue.org



MORNING TIME

Several mornings throughout this month, talk about new things that you're trying.

What has been hard about trying something new?



MEAL TIME

At a meal this month, ask: "When something is difficult or challenging, how do you react? How can you be joyful during those times?" (Be sure to share an example from your life.)



DRIVE TIME

While in the car, describe a time when you were discouraged after something didn't turn out the way you had hoped, but you kept at it. What inspired or encouraged you? After you share, ask if anybody has a similar story to tell.



BED TIME

Pray for each other: "God, when we want to give up, give us the strength to make the decision to keep going. Help us to encourage one another to not give up when things get tough."



THEIR TIME

Encourage your kid(s) to spend time each week during this series working through their age-specific GodTime cards. You can choose to do these devotionals with your child(ren) or allow them to work independently. Either way, be sure to take the opportunity to talk with them about what they are learning about God and their faith.

FAITH5 | Faith Inkubators



SHARE your highs and lows

What was great about today? What was tough? Reflect on your day and share a high and low with one another.



READ a Bible verse or story

It's time to open God's word. Any story or verse will do. The monthly and weekly POP Kids verses are a great place to start.



TALK about how the Bible reading relates to your highs and lows

How does what you just read relate to where you are today in your highs and lows. What might God be trying to teach you through this particular Scripture on this particular day?



PRAY for everyone's highs and lows

Offer your hearts and minds in prayer. Simply talk to God. Thank God for His goodness and ask for guidance as needed.



BLESS one another

Trace the sign of the cross on one another's forehead as a reminder that you belong to God and to one another. Make eye and heart contact as you share words of blessing such as "You are a beloved child of God."