

This week's Bible story is

## Manna, Quail, and Water

Spark Story Bible pages 90-93  
Exodus 16:1-18; 17:1-7

God gives us everything we need.

### Bible Time Fact

The Israelites wandered around in the wilderness for 40 years learning what it meant to be dependent on God for everything. They complained much of that time!

### Bottom Line

God gives food and water to all.

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God gives food and water to all.



### See It

When you see or drink water, thank God, who gives us the water we need.



### Hear It

If you hear somebody complaining, tell them, "God gives us everything we need."



### Talk About It

1. What is the farthest away from home you have ever been? What far away place would you most like to visit?
2. What is the last thing you whined or complained about? What would have been a better way to deal with the situation?
3. Besides food and water, what are some things you need that God provides for you?
4. What can your family do to help God make sure everybody has the food and water they need?



### Live It

**For families to do together:** Get a really big piece of paper and make a list of all that God provides for you and your family. Hang it on a door or someplace where you will regularly see it. Keep adding to it as you think of more ideas or receive something new that God provides.

**For preschool kids:** The next time you feel like complaining, think of three things you are thankful for instead.



### Pray It

Dear God, thank you for all that you give us. Help us to be satisfied and grateful. AMEN.



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