

STUMIN

FAMILY DAILY DEVOTIONAL



THE ONE | FEBRUARY 9-15, 2022

BOTTOM LINE: DON'T MAKE ANYONE YOUR EVERYTHING.

*For the Spirit God
gave us does
not make us timid,
but gives us
power, love and self-
discipline.*

2 Timothy 1:7 NIV

>> FEBRUARY 9

What would you do if fear wasn't a factor? Remember, wisdom protects us, but fear keeps us from trying new things like stepping out of our comfort zones, and making new friends. Fear can be a huge roadblock to living the life God desires for us. That's why the apostle Paul's words to Timothy can be for us too. God didn't create us to be controlled by fear. God made us to live out of power, love, and self-discipline. We may still feel afraid, but knowing God's Spirit is in us can empower us to step out of our comfort zone and live fully.

This week, ask God to help you remember this verse when fear threatens to weigh you down.

*The temptations in your
life are no different from
what others experience.
And God is faithful.
He will not allow the
temptation to be more
than you can stand. When
you are tempted, he will
show you a way out so
that you can endure.*
1 Corinthians 10:13 NLT

>> FEBRUARY 10

Have you ever done an escape room? You're locked in a room with people and you have to figure out puzzles and riddles in order to get out. It can be overwhelming because part of you feels like you can't get out of this room and you never will. But in every room there's a button you can press if you need to leave the room for any reason. You're able to escape, just by pushing a button. Sometimes temptation feels like that—like you are trapped and it's impossible to get out. But, God promises us that there is always a way out.

All you have to do is "press the button" or draw near to God and God will provide a way out.

*He renews my
strength. He guides
me along right paths,
bringing honor to his
name.*

Psalms 23:3 NLT

>> FEBRUARY 11

Have you ever tried to charge something—a computer, phone or a tablet—only to discover that something is wrong with the cord, the plug, or the device itself, and the thing that needs charging, won't charge. It's maddening. When something starts to get run down, it needs something to renew its power. David, the writer of this psalm, tells us that God is like the charger we need when we get run down. God is our source of strength. God renews us. When you are feeling overwhelmed, stuck in your decisions, or discouraged, remember the source of your strength.

This week, if you feel run down, ask God to renew your strength and give you rest.

If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

James 1:5 NIV

>> FEBRUARY 12

Do you have a friend who you know would do anything for you? If you need a ride, they are there. When you need a pen, they always have an extra one. When you need to vent, they have the best listening ear. Finding a good friend who is non-judgmental and always there for you is like finding gold. Just like a good friend, God is always there for you and also willing to give you wisdom time after time. Without judgment or shame, God shows up in your life and equips you with wisdom as you walk through life.

This week, if you need wisdom or don't know what to do, remember you can ask God without fear of judgment.

You have done many good things for me, Lord, just as you promised. I believe in your commands; now teach me good judgment and knowledge.

Psalms 119:65-66 NLT

>> FEBRUARY 13

God wants us to be wise, and we can ask for and seek wisdom as we read the Bible and pursue God. God wants a relationship with us, and we can grow in wisdom as we seek all God wants to show us. God is the ultimate source of wisdom, and God has promised to teach us good judgment and knowledge.

Today if you are facing a difficult decision or need wisdom, ask God and then trust that God will show you the way.

Be very careful, then, how you live—not as unwise but as wise.

Ephesians 5:15 NIV

>> FEBRUARY 14

Do you have younger siblings, cousins or friends? If you do, chances are you have heard someone say something like, "Remember how many little eyes are looking up to you!" This is a reminder that the example we set with our behavior is far more impactful than the words we say. That's why Paul tells the Ephesians to be careful how you live—not just how you speak.

Think about the decisions you are making in your day to day life. Are you showing an example of wisdom? Ask God to reveal to you where you can live more wisely this week, starting today.

The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life.

John 10:10 NLT

>> FEBRUARY 15

It's important to understand what God wants for our lives and that He is for us, on our side. This verse reveals God's heart toward all God's children.

This week, work together with a friend to memorize this verse. Text it to each other in the morning. Then, quiz each other throughout the day! Repeat the process until you know the verse by heart.