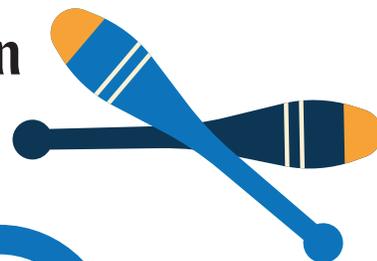


# Trust is putting your confidence in someone you can depend on.



## DAY 1

### Read Psalm 31:14

This month, we're talking about trust! Trust is putting your confidence in someone you can depend on. Who are the people in your world that you depend on? Make a quick list in the space below.

When it comes to trust, there is someone who always gets it right. Read Psalm 31:14 out loud right now.

Your heavenly Father loves you. God is perfect and never messes up. You can put all your trust or confidence in God.



#### YAMG

To help you remember this, grab a pen and write YAMG on your hand or wrist (for "You Are My God.") as a reminder that you can trust God, always.

## DAY 2

### Read Psalm 46:1

#### Hide-and-seek

Grab some friends and play a game of "Hide-and-seek."

#### Rules

1. Select a home base where the Seeker will count to 25 as everyone hides.
2. Give the Seeker one minute to search.
3. If someone is found, that person becomes the next Seeker.
4. If no one is found within the minute, call for hiders to run to the base.
5. If a player is tagged before making it to base, that player becomes the next Seeker.



In this game, the base was a place of safety where you couldn't be tagged. Once you make it to the base, you didn't have to worry.

In a much bigger way, God is like that base; a place of safety. You can put all your trust in God to take care of you, to protect you, to show you the right way to go because God loves you.

As you play another round or two of Hide-and-seek, thank God for being a trustworthy place of safety.

DAY 3

### Read Psalm 33:20-22

Today's verse gives us a big clue as to why we can put our trust in God.

"We trust in God because \_\_\_\_\_."

God is holy.

God is unique, separate from all other things. That means there is no one like God.

Holy also means absolutely perfect and pure. And nothing can make God less perfect. Because God is holy, sin—the wrong things in the world around us—cannot touch God. But because God sent Jesus, we can be forgiven. God sent Jesus to make a way for us—people who are imperfect—to have a relationship with a holy God.

#### Both Brushes

Grab your toothbrush and your hairbrush. What are these two things used for? Yep. Hair and teeth. What if you switched them? Would you use your toothbrush to brush your hair or your hairbrush to brush your teeth? Nope, because they have a unique and special purpose.

As you use these two brushes for their specific purposes this week, thank God for being a holy, perfect, set apart God whom you can trust.

DAY 4

### Read Psalm 27:14

Have you ever waited for something and then when it finally happened, you were kind of disappointed? Maybe your birthday party got rained out or your first day of school wasn't all that great. Waiting can be hard for sure. And it's even worse when the thing we're waiting for turns out to be not quite as magical as we'd hoped.

When it comes to putting our trust in God, we don't have to worry about the outcome. Because God's way is always best. And even if the worst happens, we can still trust God. We can wait for Him to show us the good in the bad.

Think about trust like a muscle we work out or a skill we practice. The next time you find yourself waiting for something, stop and pray. Ask God to help you trust Him no matter what happens. Remember these three truths:

1. God loves me.
2. God is with me.
3. With God on my side, everything will be okay.

Repeat these phrases to yourself over and over again as a reminder to trust God even when you have to wait.

Trust God even  
when you have to wait.

