

THE ONE | FEBRUARY 2-8, 2022

BOTTOM LINE: BECOMING THE ONE IS BETTER THAN FINDING THE ONE.

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

Colossians 3:12 NIV

>> FEBRUARY 2

To be chosen is a great feeling. Whether it's being chosen for a team or as a prom date, it's so nice to feel like a coach, or your crush, has seen you and picked you.

But what's even more amazing is that the God who created the entire universe has chosen you. YOU are chosen to be part of God's family and purpose. Just like you'd put on something specific for a home game or the prom, there are things children of God should put on as we follow God—things like kindness and patience.

What can you do this week to make sure you're putting on these qualities so others know what it looks like to follow God?

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!

Galatians 5:22-23 NLT

>> FEBRUARY 3

Sometimes the Bible can feel complicated. Other times, it's pretty straightforward. In this letter to the Galatians, the apostle Paul tells followers of Jesus that the Holy Spirit works to produce fruit in our lives as we follow Jesus. In other words, the Spirit of God is in us to make us more like Jesus. How do we become more like Jesus? By demonstrating the same qualities Jesus did: by living lives full of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Living like Jesus can be challenging, but we have a roadmap for what that looks like.

Today, pray and ask God to show you ways you can grow in these traits and become more like Jesus.

Make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, mutual affection; and to mutual affection, love.

2 Peter 1:5-7 NIV

>> FEBRUARY 4

In this verse, Peter tells followers of Jesus that our faith in Jesus is just the beginning—meaning, we build on it. Faith is a foundation, but it isn't the end. On faith we build goodness, knowledge, self-control, perseverance, godliness, mutual affection and love. In other words, a relationship with Jesus is a journey.

Faith is the beginning, but as we spend time with Jesus, we will begin to resemble Him and take on the characteristics Peter mentions. Eventually, we work towards the one thing Jesus said mattered more than any other commandment: Love.

Today, spend some time asking God what you need to work on building next in your faith journey, and then commit to doing that.

Anyone who listens to my teaching and follows it is wise, like a person who builds their house on solid rock

Matthew 7:24 NLT

>> FEBRUARY 5

Imagine standing on the ground. With two feet down, you're pretty stable, right? If someone came over and pushed you, you might stumble back, but it's possible you wouldn't fall. Now imagine standing on some bleachers. With less space to stand on, if pushed, you're far more likely to fall down and get hurt. That is the difference between just knowing the right and wise thing to do, and actually doing it. Knowing what to do doesn't make you more stable and healthy. Putting it into practice does.

As you go about your week, pray for the wisdom to not only know how God wants you to live, but also for the courage to do it.

For the whole law can be summed up in this one command: "Love your neighbor as yourself."

Galatians 5:14 NLT

>> FEBRUARY 6

When asked what the greatest commandment was, Jesus responded with love. We are called to love our God with all our heart, and our neighbors as ourselves.

In Galatians, the apostle Paul repeats what Jesus says and reminds Jesus' followers how important loving our neighbors is. Loving others makes God happy. Not only that, but it will actually make us happy as well. Loving others makes you feel good.

Challenge yourself to do one act of kindness for someone every day this week.

Love is patient and kind. Love is not jealous or boastful or proud or rude. It does not demand its own way. It is not irritable, and it keeps no record of being wronged.

1 Corinthians 13:4-5 NLT

>> FEBRUARY 7

Oftentimes, when we think about the people we want in our lives, we focus on all the things we want them to be for us. But, how much time do we spend thinking about the kind of person we want to be to those around us?

It's easy to look at the mistakes of others and judge them harshly for what they should get better at. But what if, instead of focusing on others, we focused on the work we are to do when it comes to love? Where could we be more patient or less jealous and boastful?

Today ask God to show you ways to improve in each of these areas so you can love like God.

The thief's purpose is to steal and kill and destroy.
My purpose is to give them a rich and satisfying life.

John 10:10 NLT

>> FEBRUARY 8

It's so important to be aware of the thief's strategy against you. This verse is a reminder of how important it is to depend on the Lord for strength and wisdom. Know that, with Jesus, a rich and satisfying life is possible!

When your life doesn't feel rich and satisfying, let this verse remind you to look to the source of life for direction and purpose.

Here is a way to help you memorize this verse:

Write the first letter of every word in the verse someplace you look often. When you see the letters, try to repeat the verse to yourself!