

# Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

[illegible]

December  
2022

# Week One

## Preteen



## Day 1

After watching, write one thing that:

**1. You liked:**

**THE SO AND SO SHOW**  
Today, watch and write  
down your thoughts!  
You can find each  
week's episode at  
[www.popmn.org/kidvid](http://www.popmn.org/kidvid)

## 2. You learned:

### 3. You'd like to know:

## Day 2

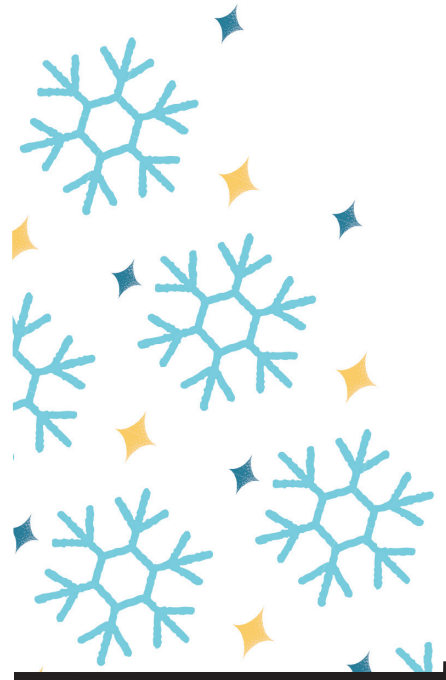
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Read Luke 1:5-25, 57-66

As you read through Luke 1:5-25, 57-66, put exclamation points beside any part of the story that would seem impossible if God wasn't involved.

You should have a lot of exclamation points! From an angel appearing to a man being struck mute to an elderly woman having a baby, there were a lot of seemingly impossible things that happened in this story.

**Anything is possible with God.**



## Day 3

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**What is something in your life that seems impossible?**

The good news is anything is possible with God! Now, that doesn't always mean God will answer our prayers the way we want (remember, God always has a plan!), but when we remember that God is always with us, helping us, it can make the impossible, possible!

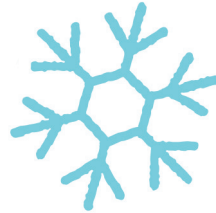
Pray this prayer to God, personalizing it to ask for help with something that seems impossible in your life.

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Dear God, thank You for Your love and care for me. It gives me such \_\_\_\_\_ to know that You are always with me, and that nothing is impossible with You. When it comes to \_\_\_\_\_, sometimes it seems impossible.

Please help me to \_\_\_\_\_ and \_\_\_\_\_ to remember that You are with me no matter what. In Jesus' Name, we pray.

Amen.



## Day 4

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**What's the most amazing thing you've ever seen?**

Grab a notebook and a pen or pencil, and on one page, write **"What's the most amazing thing you've ever seen?"** and follow up with "What made it so amazing?" Keep the notebook with you all day, and throughout the day, ask everyone you encounter those two questions. Take notes on their answers and save them for tomorrow.



## Day 5

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**Anything is possible with God.**

It can be easy to forget the truth that **anything is possible with God**. So sometimes it helps to remember the ways that God has done the seemingly impossible in the past.

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Take a look at your notes from yesterday on the amazing things your friends and family have seen. Which ones stand out to you as most encouraging that anything is possible with God? Underline them.

Next, go get a sheet of paper and re-create the flower below, or something similar. Cut it out, and then use colorful markers or pencils to write some of the amazing things God has done on the petals. You can also mix in fun Christmas images or anything else that reminds you of God and His plan for the world.

Lastly, fold up the petals of the ornament (it can be helpful to roll the paper around a pencil or lip balm first) and glue them together, gluing the opposite petals first—making sure the things you wrote and drew will be on the outside of the ornament. Repeat until all the petals are glued together.

If you'd like, you can get some string and a paper clip or an ornament hook and figure out how to hang your ornament on a tree. Or you can simply set the ornament out somewhere you will see it to remind you that **anything is possible with God**.

