

# STUMIN

## FAMILY DAILY DEVOTIONAL



LET'S TALK ABOUT ... | OCTOBER 25-31, 2023  
CHOOSE HOPE TODAY AND LIFE TOMORROW.

*But you belong  
to God, my dear  
children. You have  
already won a victory  
over those people,  
because the Spirit  
who lives in you is  
greater than the  
spirit who lives in the  
world.*

1 John 4:4 NLT

### >> OCTOBER 25

Think back to the biggest battle you've seen in a movie or TV show. It was probably long, exhausting, and scary. Sometimes, the battles we fight in our own lives feel the same way! Fighting through a difficult circumstance, negative feeling, or hard day can feel like the biggest battle of our lives. And at times, it's hard to see beyond what we're feeling, thinking, or experiencing in the middle of it. But, because of God, all our battles have already been won. When we follow Jesus, the victory is already ours. We have access to God, who is bigger and greater than any enemy, feeling, circumstance, or battle. And that's something to hold on to in the fight!

Is there a battle you're fighting in your life right now? Pray that God will help you see the victory in that fight as you trust in His power.

*How precious are  
your thoughts about  
me, O God.  
They cannot be  
numbered!*

Psalms 139:17 NLT

### >> OCTOBER 26

Have you ever felt unseen, unheard, unnoticed, or unloved? From time to time, we all have! And when we feel that way, it's easy to believe that nobody sees or loves us in what we're walking through. But the truth is, God does. Always. God's thoughts about us are valuable, and they're too many to even count! No matter what is happening in your life or how you feel, remember that you are seen, loved, and valued by the God who loves you.

This week, post this verse somewhere you'll see it often to remind yourself of the way God feels about you.

*He comforts us in  
all our troubles so  
that we can comfort  
others. When they  
are troubled, we will  
be able to give them  
the same comfort  
God has given us.*

2 Corinthians 1:4 NLT

### >> OCTOBER 27

Have you ever had a friend be there for you during a difficult time in your life? Maybe after a breakup, a failed test, or a bad day? If you have, then you know how good it feels to have someone in your corner during moments like that. It brings you comfort and support when you need it most. And believe it or not, that's exactly the way God designed it to be. God created us to live in community together—to walk with each other and show up for each other during hard times.

Do you have a friend or loved one in your life who is going through something challenging or difficult? This week, find a way to show up and offer the comfort that God and others have given you.

*And the very hairs  
on your head are all  
numbered. So don't  
be afraid; you are  
more valuable to God  
than a whole flock of  
sparrows.*

*Luke 12:7 NLT*

## >> OCTOBER 28

Isn't it amazing to think about how much God loves us? God knows each and every detail about us—down to the very number of hairs on our head! What's cool is that God knows this not just because God created us but because God loves us. To God, we are so much more valuable than anything else on this Earth. So, in times when you're struggling to see your value, remember what's true about you: In God's eyes, you are the most important thing!

This week, find time to take a walk outside. Notice the things around you—the birds, the trees, the sunshine, and more. As you do, remember that God cares about and loves you more than anything you see.

*Jesus spoke to the  
people once more  
and said, "I am the  
light of the world. If  
you follow me, you  
won't have to walk  
in darkness, because  
you will have the light  
that leads to life."*

*John 8:12 NLT*

## >> OCTOBER 29

Can we be honest for a minute? Sometimes the world around us feels sad. That's just the truth. Life gets hard, our circumstances get difficult, bad things happen, and suddenly, sadness just feels like it's all around us. But remember that wherever there is darkness, there is always room for light. In the hard times in life, there is still hope. Jesus came to bring light to the darkest places and deepest pains in our lives. When we turn to Him and follow Him, we have access to the kind of light that gives us hope.

Is there something painful you're dealing with right now in your life? Pray that God would give you the light and hope that only God can give!

*The LORD is for me,  
so I will have no  
fear. What can mere  
people do to me?*

*Psalms 118:6 NLT*

## >> OCTOBER 30

Sometimes in life, we can feel like the underdog. We are faced with hard things, and it seems like the odds are stacked against us and there is no hope. When we allow ourselves to face these things alone, it is easy to feel fearful and defeated. But when we allow God to be our help - when we trust in and lean on God in hard times - we can beat the odds and experience victory. With God, there is always help and there is always hope.

Today, think of an area in your life where you can ask God for help. Then, ask for help, trust in God, and receive the help and hope that God offers.

*The Lord is close to the  
brokenhearted;  
he rescues those  
whose spirits are  
crushed.*

*Psalms 34:18 NLT*

## >> OCTOBER 31

God gives us so many tools to bring us hope when we need it most. One of the best is the truth of Scripture. When you're facing hard times, depression, anxiety, or moments of despair, you can turn to God's Word to be reminded of what's true—about you, about God, and about the hope you have to get through anything!

This week, discuss this verse from Scripture with a family member or a trusted friend. Ask them to help you memorize it and share what it means to them. Sometimes hearing how others apply Scripture in their lives can help us see how that same truth can work in our own lives, too!