

Journal

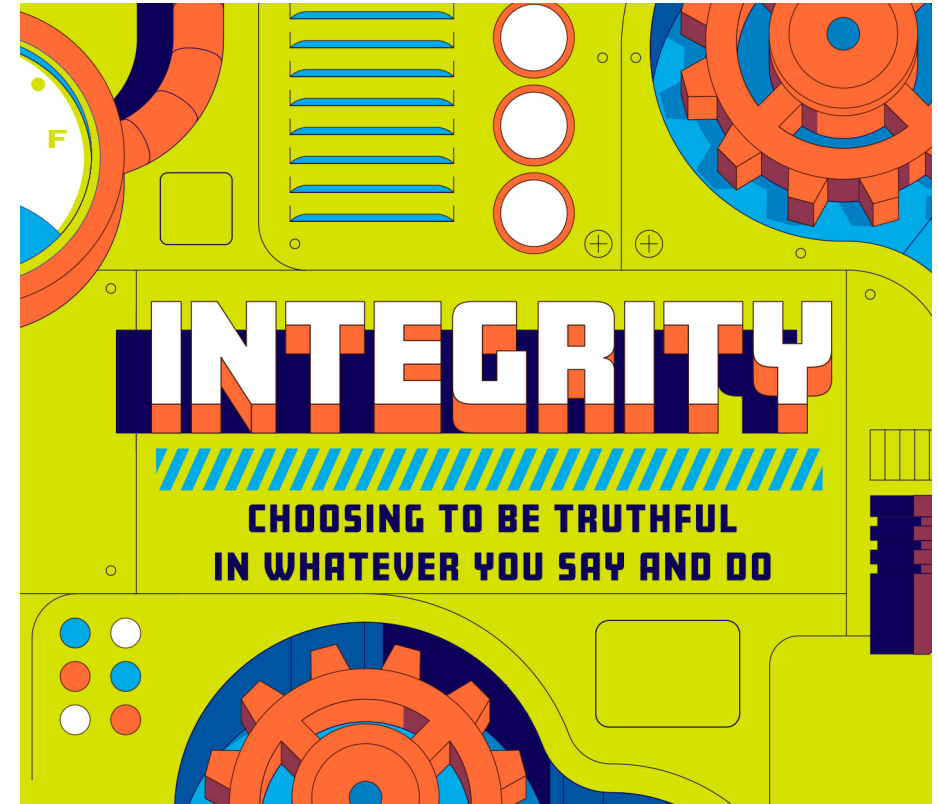
Spend some time thinking about the question below and journal your thoughts or share them with a parent.



This image shows a vertical rectangular sheet of white paper designed for handwriting practice. It features ten evenly spaced, horizontal dashed lines running from the left edge to the right edge. The lines are thin and black, providing a guide for letter height and placement. There are no margins, text, or other markings on the page.

**January
2024**

0114 0117
Grade 4/5



Day 1

After watching, write one thing that:

1. You liked:

The So & So Show
Watch and write down
your thoughts!
You can find each
week's episode at:
www.popmn.org/kidvid

2. You learned:

3. You'd like to know:

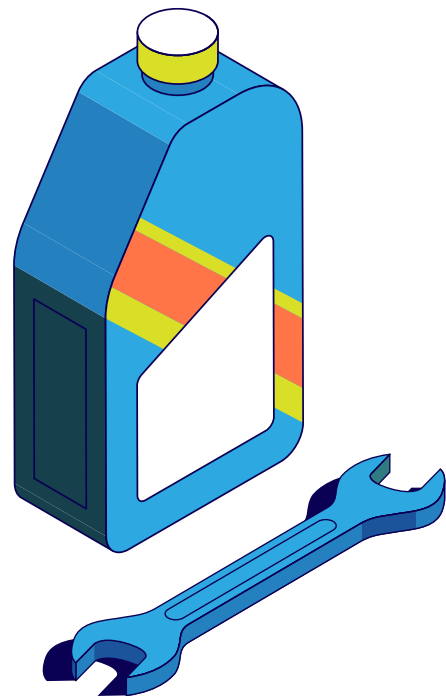
Day 2

Read 2 Kings 5:9-10, 14-16, 19-27

As you read through the selected passages of 2 Kings 5, circle the places where Gehazi wasn't truthful.

Next, underline all of the consequences Gehazi faced for not being truthful.

We often think the biggest consequence of Gehazi's dishonesty was that he ended up sick. And that was definitely bad. But Gehazi also lost his job, and Naaman also lost trust in his servant. **When you're not truthful, you lose trust.**



Day 3

When you're not truthful, you lose trust, but let's get real: sometimes it's hard to be completely truthful—especially when we know it might get us in trouble.

When we're tempted to be dishonest, that's when we need to turn to God for help. We can pray and ask God to help us be honest. Here's a sample prayer you can personalize and pray now, but also hang up somewhere that will remind you to pray this when you're being tempted to be dishonest.

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**Dear God,** thank You for helping me to be truthful. But even with Your help, sometimes I choose to be dishonest, especially when it comes to \_\_\_\_\_. I can see from Gehazi's story how when I'm not truthful, others lose trust in me. I want others to be able to trust me, so please give me the strength to turn to You for help when I'm tempted not to be truthful. In Jesus' Name, I pray.

**Amen.**

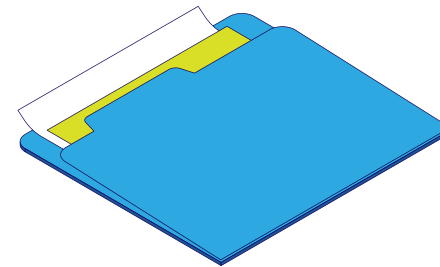
## Day 4

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**Find a trusted friend and grab a scarf or other piece of cloth.**

Take turns leading each other either through the house or around your yard outside while one of you is blindfolded. No peeking! It takes a lot of trust to make it safely around when you can't see, doesn't it?

**Why is it important for people to trust you?** That's a big question, isn't it? Why IS it important for people to trust you? Take a few minutes and talk about why trust was important when you were playing the game, then follow it up with a conversation about why trust is important in real life.



## Day 5

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**Sometimes we don't even realize that we're not being truthful.**

We can make promises that we don't follow through on, or we can decide doing something we said we wouldn't do really isn't that bad. Creating some accountability for yourself is important as you work toward being a person of integrity.

This week make a Trust Board for yourself. It can be a dry erase board that your parents don't need, or you can simply make it on a large white piece of paper or poster board.

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Write down two categories. Things I said I **WOULD** do. Things I said I **WOULDN'T** do.

Now think through the last couple of days. What are some things you told your parents or friends you would do and things you promised you wouldn't do? Write them down under the appropriate column. Keep adding to the board all week long, crossing through the item when you follow through. If you are having trouble being truthful, go back to the prayer you prayed earlier this week and say it out loud to God again.