

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Journal writing lines for the prompt: 'WHAT MAKES SOMEONE A GOOD FRIEND?'



Day 1

After watching, write one thing that:

The So & So Show

1. You liked:

Watch and write down your thoughts!

2. You learned:

You can find each week's episode at: [www.popmn.org/kidvid](http://www.popmn.org/kidvid)

3. You'd like to know:

## Day 2

---

Read Ecclesiastes 4:9-12

Ask a parent or sibling to join you in acting out Ecclesiastes 4:9-12. You can hold up fingers, pretend to fall down, cuddle to keep warm, etc.

What do you notice about the passage as you act it out? Share with each other what you discovered.

## Day 3

---

Answer the following questions:

1. What makes someone a good friend?
2. Who is a good friend of yours?
3. What do they do that makes them a good friend?

Now take your answers and talk to God about friendship. If you have a good friend who you can trust, thank God for that person. Talk to God about how they are a good friend for you. If you are still looking for a friend like that, ask God to help you find a good friend. Be detailed in how you describe the friend you have or the friend you want to have, and then close by asking God to help you become that same kind of friend to others.



## Day 4

---

Think back to the friend who you thanked God for yesterday—have you ever told that person what a good friend they are?

Even if you have, people love to hear encouragement like that!

Track down your friend and tell them how you feel about them. Ask them how you can be a good friend to them!

If you are in a place where you don't have a really good friend, talk to God about it. Ask God to bring a good friend into your life. Then go talk to a parent or trusted adult and talk with them about it too—maybe they can give you some advice about how they've made good friends in their life.



## Day 5

---

Choose your friends carefully.

What are the things you look for in a friend? Grab a sheet of paper. Rewrite the qualities below in the order of importance to you, from most important to least important. Then keep the list nearby, and the next time you're in a situation to make new friends, make sure the people you're choosing to spend the most time with are people who match your priorities.

Funny  
Smart  
Kind  
Jesus-follower  
Generous  
Thoughtful  
Good listener  
Empathetic  
Wise  
Leader  
Loyal