

This week's Bible story is

## A Storm

Spark Story Bible pages 286-289  
Matthew 8:23-27

Following Jesus, we do not have to be afraid.

### Bible Time Fact

This story about Jesus calming a storm helps us know that Jesus can bring calm and peace into our lives during times of chaos and fear.

### Bottom Line

I can trust Jesus.

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### See It

Watch for sunshine. Compare how it looks first thing in the morning, in the middle of the day, and as the sun is setting.



### Hear It

Listen for sounds made by water. Imagine the sound of Jesus' voice as he commanded the sea to be still. Find a quiet place and listen to the silence.



### Talk About It

1. Talk about some fun times that you had in a boat or in the water during calm and sunny days.
2. What do you experience with your five senses (sight, sound, touch, taste, smell) during a storm? What is the scariest storm you remember?
3. What does it feel like to be afraid? Describe some ways in which feeling afraid is like being in a storm.
4. Tell a story about a time that trusting Jesus helped you feel calm and peaceful during a scary situation.



### Live It

**For families to do together:** During the next warm rainstorm (without thunder and lightning), run out into the yard together and let the raindrops pour down on you. Go ahead and sing, dance, spin. Find some puddles to jump in. God is with us in all weather. Rejoice!

**For pre-k kids:** The next time you take a bath, put some things that float into the water with you. Make waves with your hands and watch what happens. Then, be still and watch what happens.



### Pray It

Dear God, thank you for being with us always – especially when we feel afraid. Help us to remember that we can trust you through whatever storms and scary times we experience in our lives. We know that you are in control of all things and that you are always working to bring peace and calm. Thank you for taking such good care of us. We love you! Amen.



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