

Weekend: 8/8/26-8/9/26

Psalm 30

A reading from Psalm 30:

I will exalt you, LORD,
for you lifted me out of the depths
and did not let my enemies gloat over me.
LORD my God, I called to you for help,
and you healed me.
You, LORD, brought me up from the realm of the dead;
you spared me from going down to the pit.
Sing the praises of the LORD, you his faithful people;
praise his holy name.
For his anger lasts only a moment,
but his favor lasts a lifetime;
weeping may stay for the night,
but rejoicing comes in the morning.
When I felt secure, I said,
“I will never be shaken.”
LORD, when you favored me,
you made my royal mountain stand firm;
but when you hid your face,
I was dismayed.
To you, LORD, I called;
to the Lord I cried for mercy:
“What is gained if I am silenced,
if I go down to the pit?
Will the dust praise you?
Will it proclaim your faithfulness?
Hear, LORD, and be merciful to me;
LORD, be my help.”
You turned my wailing into dancing;
you removed my sackcloth and clothed me with joy,
that my heart may sing your praises and not be silent.
LORD my God, I will praise you forever.

This is the word of the Lord
Thanks be to God!