



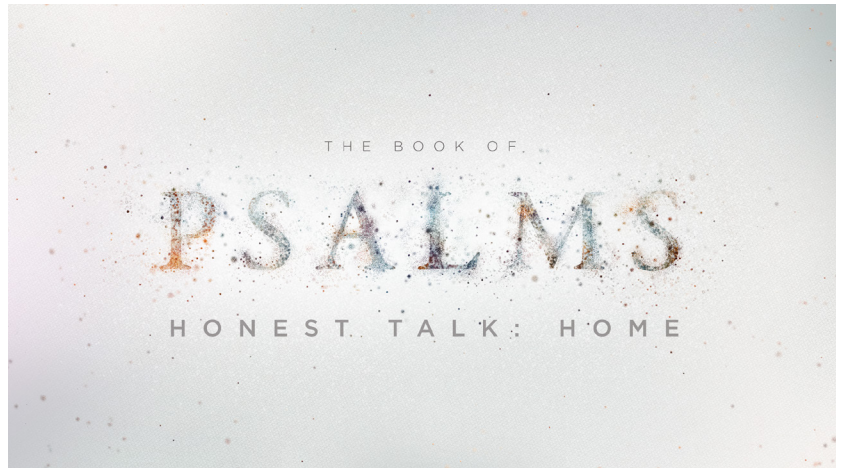
# PRINCE OF PEACE

Love God. Love People.

July 5, 2026

## Well Being

Psalms 131 | Psalms 133



### THIS WEEKEND

**MESSAGE:** Dan Nordin

House Of The Lord

How Great Thou Art

Amazing Grace (My Chains Are Gone)

10,000 Reasons (Bless the Lord)

Upcoming Celebration of Life Service:

**Malin and Cheryl Stakston** – July 14

### LOOKING FOR PRAYER?

If you would like to submit a prayer request, please email [prayer@popmn.org](mailto:prayer@popmn.org).

### Welcome to Prince of Peace!

We are an open and affirming community, here to love God and all people.



#### Connect with Prince of Peace!

Scan here to join our mailing list and find ways to get involved.

Paper copies of this form are available at the Connect Desk.

### JOIN US FOR WORSHIP

**Classic: Sun 9:00 am | Contemporary: Sat 5:30 pm, Sun 10:30 am**  
Resources, livestreams, playlists and podcast links: [popmn.org](http://popmn.org)

**Outdoor Worship | Saturdays, 5:30 pm | Sundays, 10:30 am**  
The 9:00 am service will remain indoors.

### JOIN US FOR COMMUNITY

**BBQ, Brew & Soda, Too | Sunday, July 12 | 3:00 – 7:00 pm**  
**Cleary Lake Regional Park Pavilion**

Bring the whole family to this fun-filled summer gathering sponsored by Men's Ministry! Register at [popmn.org/register](http://popmn.org/register)

**Worship Arts Camp | July 20–23 | 9:00 am – 4:00 pm**

We're looking for adult, middle and high school volunteers to lead creative singing/acting activities for kids: [popmn.org/register](http://popmn.org/register).

**CDLC July Summer Camps | Author Exploration!**

**July 6-9 | July 13-16 | July 27-30**

We'll bring beloved children's books to life through art projects, creative activities and dramatic play. Register: [cdlcpreschool.org](http://cdlcpreschool.org)

**Women's Ministry Fall Retreat | October 2-4 | Crosslake MN**

Nancy Lee Gauche is the speaker during this weekend of renewal and connection at Boyd Lodge. Cost: \$225. Registration closes on July 26. [popmn.org/register](http://popmn.org/register)

### JOIN US IN GENEROSITY

**Thank you for your gifts for mission and ministry!**





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## WELL BEING AND REST

Odds are, you've been asked the question "how are you?" many, many times, often as a greeting. Why do you think that question is so pervasive?

Is Psalm 131 telling us to avoid big thinking? Is the writer advising us to limit our imagination? Or is this text a call to rest – to abide in peace, to regenerate – sometimes? What is the difference, and why is that important?

What feelings does verse 2 evoke? What does it mean to have your soul feel as peaceful as a child cuddled up to its mother? Imagine carrying your soul around like that calm, warm, peaceful child. How does that change the way you approach your day, your interactions, your self esteem?

What does verse 3 mean to you? What kind of hope will sustain us into the future? What are we hoping for, and what is our role in making that hope become a tangible part of our world?

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### THE LORD'S PRAYER

Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power,  
and the glory,  
forever and ever.  
Amen.

### THE APOSTLES' CREED

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.