

## Frequently Asked Questions

### How soon can I get help?

After completing the intake form and an in-person meeting, we will match you with a volunteer partner within a few days.

### Can I change my mind?

Of course! This is a voluntary program which means you can decide what's best for you.

### How frequently will I meet my partner?

Our hope is that you connect weekly with your matched volunteer partner. Volunteers will communicate what to expect for their availability so that coordinated meetings are convenient for everyone involved.

### What kind of help can I expect?

Your volunteer partner is there to help you and will talk with you about the goals you want to accomplish. We can connect you to helpful community agencies. We can also introduce you to other resource volunteers, who support, encourage, and help you improve your situation.

### Why are partners willing to help?

All partners are volunteers, who are not paid for this service. Many volunteers open their hearts because of their faith & belief in serving and loving others. They also have diverse professional backgrounds and personal interests which makes it enjoyable to get to know them!

## Get started today!

There are three ways to start:



**POPmn.org/mission**

- Click "Get Help"
- Fill out request form



**952-898-9394**



**resources@popmn.org**

**MISSION OUTPOST**

**CONNECT**

*WALKING TOGETHER*

Community Resource Center Staff:  
Tracy Folkerts

Location:  
Prince of Peace Lutheran Church  
13801 Fairview Drive Burnsville, MN



**Do you feel alone facing a crisis?**

**Mission Outpost has someone  
waiting to walk with you.**

**Do you feel overwhelmed and struggle to resolve issues you are facing alone?**

**We're here to help.**



Life without support from family or friends can be quite difficult. It becomes even more challenging when various stressors are added such as difficulty paying bills, job loss, health crisis, etc... Connecting with another adult who can provide a listening ear and support can make a big difference.

If you are an adult single or adult couple facing a short-term crisis, Mission Outpost can match you with a volunteer partner to walk together while you take steps to resolve your crisis. A Mission Outpost CONNECT volunteer is a screened and trained volunteer who can provide a listening ear, encouraging support, and guidance on how to resolve your crisis.

**Our goal is to walk beside you as we open doors and overcome challenges.**

**We're here to make sure you are not alone when you know you can't do it by yourself.** Our compassionate volunteers can help support you as you reach your goals during a difficult season.

**Be kind to yourself as you seek help.** Navigating government, non-profit social services and health systems is challenging. No one person can know everything! We don't claim to fully understand all these complex systems either, but we do understand that stress is less when we have encouragement.

**We help adults (without minors) in a short-term, non-emergency crisis.** We walk together for as little as a couple of weeks up to six months to improve your situation.

**We help with diverse needs.** Whether you are experiencing issues with housing, unemployment, finances or other obstacles, we want to help.

**What happens next?**

1. Mission Outpost Connect will receive your completed intake form and contact you.
2. Meet with a Mission Outpost Connect staff member for an in-person meeting to discuss your specific needs, anticipated goals, length of support needed, etc...
3. Mission Outpost Connect staff will work to find a suitable volunteer partner to walk with you. If multiple volunteers are a potential match, then you can choose whom you prefer.
4. Arrangements will be made to coordinate an initial meeting between you and the volunteer partner facilitated by Mission Outpost Connect staff.
5. Communication between you, the matched volunteer partner and the Mission Outpost Connect staff is ongoing and consistent for the duration of the support commitment.

