

ECONOMIC ASSISTANCE

Bridge to Benefits

www.bridgetobenefits.org/Home2

Answer 12 questions to find out for which programs you might be eligible.

Energy Assistance

www.capagency.org/housing-services/energy-assistance

651-322-3500

Provides funds to help cover heat and electricity costs.

County Programs

www.mnbenefits.MN.gov

Apply for all five category programs in one 20-minute application.

1. Food Assistance (SNAP) - Get needed food with an EBT card that you can use like a debit card to buy groceries at most stores and farmer's markets.

2. Cash Programs - Help people meet their basic needs until they can support themselves with an EBT card that you can use like a debit card. Here are the most common cash programs:

- Diversionary Work Program (DWP)
- General Assistance (GA)
- MN Family Investment Program (MFIP)
- MN Supplemental Aid (MSA)
- Refugee Cash Assistance (RCA)

3. Emergency Assistance - Help with shelter payments, such as past due rent, to stop evictions or foreclosure. It can also be used for utilities threat of disconnection.

4. Housing Support (GRH) - Help seniors and adults with disabilities pay for housing costs. It helps prevent people from living in institutions or becoming homeless.

5. Child Care Assistance - Help families pay for day infant-age 12 childcare so that parents can pursue employment or education: www.mn.gov/dhs/child-care.

MISSION OUTPOST COMMUNITY RESOURCE CENTER

A team of trained volunteers at Mission Outpost Community Resource Center is available to help you connect with various community resources such as: job search, housing, medical, dental and mental health services, county assistance forms and more.

Contact us at 952-898-9394 or resources@popmn.org.

This brochure contains information for our most commonly asked questions and needed resources.

OTHER MULTI-RESOURCE COMMUNITY AGENCIES

United Way Information Hotline

www.211.org, 2-1-1

Senior LinkAge Line

www.mn.gov/senior-linkage-line, 800-333-2433

The Salvation Army

www.salvationarmynorth.org, 952-767-3901

Community Action Partnership

www.capagency.org

Dakota County: 651-322-3500S

Scott/Carver Counties: 952-496-2125

360 Communities

www.360communities.org, 952-985-5300

Lutheran Social Services

www.lssmn.org/services, 651-642-5990



MISSION OUTPOST

COMMUNITY RESOURCE CENTER

MEDICAL & DENTAL HEALTH

MNSure

www.mnsure.org

Minnesota's health insurance marketplace where individuals and families can shop, compare, and choose health insurance coverage that meets their needs. MNSure is the only place you can apply for financial help to lower the cost of your insurance premium and out-of-pocket costs.

Dakota Child and Family Clinic

www.dakotachildandfamily.org, 651-209-8640

Nurse Practitioner clinic who provide high quality, patient-centered care, regardless of ability to pay. Most insurance plans as well as self-pay patients accepted. A sliding fee scale is available.

Dakota County Public Health

www.dakotacounty.us, 651-554-6100, Fax: 651-554-6130

Dakota County Public Health offers immunizations for children and adults. Call 952-891-7585 to schedule an appointment.

Mission Outpost Dental Clinic

www.popmn.org/dental, 952-898-9318

The Dental Clinic is open to individuals experiencing dental pain, who are not covered by dental insurance and reside in and around Dakota County. Cost is \$20 per visit.

St. Mary's Clinic

651-287-7777

Healthcare for people without insurance.

HOUSING

Shelter Resources Metro Hotline

888-234-1329

24-hour hotline for shelter vacancies throughout metro area.

Dakota County Resource Line

www.dakotacounty.us, 651-554-5751

Emergency shelter, assistance to prevent eviction.

Dakota County Community Development Agency

www.dakotacda.org, 651-675-4400

Affordable housing help.

Lewis House

www.360communities.org, 651-452-7288

Emergency domestic violence shelter for women.

MENTAL HEALTH

Mental Health MN Warmline

855-927-6545, Text "Support" to 85511,
Chat online at www.mentalhealthmn.org

Crisis Text Line

Text "home" to 741 741

National Alliance on Mental Illness (NAMI)

Call 1-800-950-NAMI (6264), text "HelpLine" to 62640
or email helpline@nami.org

Ellie Family Services

www.elliementalhealth.com, 651-313-8080

Offering individual, couples, and family therapy,
medication management, and community-based services.

Walk-In

www.walkin.org, 612-870-0565

Free mental health counseling to help people address
issues of depression, anxiety, chemical abuse/dependency,
trauma, domestic violence, and a variety of other emotional
and interpersonal concerns.

Hamm Clinic

www.hammclinic.org, 651-224-0614

Individual / couple / family counseling, psychiatric services
and assessments for those facing financial barriers.

Dakota County Mental Health Services

651-554-6424

JOB RESOURCES

State of Minnesota Job Board

www.minnesotaworks.net

Career Force MN

www.careerforcemn.com/burnsville, 952-703-3100

Free assistance with job search, resume writing and
interview training.

Dakota County Job Board

www.co.dakota.mn.us/HealthFamily/FindJob/JobSearchResources/Pages/default.aspx

Unemployment Benefits

www.uimn.org, 651-296-3644

IMMIGRATION SERVICES

MN Council of Churches

www.mnchurches.org, 612-870-3600

Supports refugees by addressing basic needs and transforming
faith communities as they partner in this ministry of hospitality.

Lutheran Social Services

www.lssmn.org/services/refugees/services, 612-879-5258
Refugee resettlement, employment, immigration.

Immigrant Law Center

www.ilcm.org, 651-641-1011

Assists with immigration-related cases, special visas for crime
victims, avoiding immigration scams, and learning how to retain
parental rights in case of apprehension by ICE.

International Institute of Minnesota

www.iimn.org, 651-377-8642

Assist over 2,000 people each year with citizenship,
lawful permanent residency, replacement of documents,
and other immigration-related services.

LEGAL HELP

Dakota County Legal

www.lawhelpmn.org, 952-431-3200

Home Line

www.homelinemn.org, 612-728-5767

Free and low-cost legal and advocacy services so that tenants
throughout Minnesota can solve their own rental housing issues.

Southern Minnesota Regional Legal Services (SMRLS)

www.smrls.org, 888-575-2954

Free, quality legal help for low-income people in critical civil matters.

CULTURALLY SPECIFIC RESOURCES

American Indian Family Center

www.aifcmn.org, 651-793-3803

Comunidades Latinas Unidas En Servicio (CLUES)

www.clues.org, 651-379-4200

Ukrainian American Community Center

www.uaccmn.org, 612-379-1956

Office of Multicultural Services

oms@hennepin.us, 612-348-2193

Offer help in more than 20 different languages, connecting
immigrants and refugees to resources and services.