

ECONOMIC ASSISTANCE

Bridge to Benefits - www.bridgetobenefits.org/Home2

Answer 12 questions to find out for which programs you might be eligible.

Energy Assistance

www.capagency.org/housing-services/energy-assistance, 651-322-3500

Provides funds to help cover heat and electricity costs.

County Programs - www.mnbenefits.MN.gov

Apply for all five category programs in one 20-minute application.

- 1. Food Assistance (SNAP)** - Get needed food with an EBT card that you can use like a debit card to buy groceries at most stores and farmer's markets.
- 2. Cash Programs** - Help people meet their basic needs until they can support themselves with an EBT card that you can use like a debit card. Here are the most common cash programs:
 - Diversionary Work Program (DWP)
 - General Assistance (GA)
 - MN Family Investment Program (MFIP)
 - MN Supplemental Aid (MSA)
 - Refugee Cash Assistance (RCA)
- 3. Emergency Assistance** - Help with shelter payments, such as past due rent, to stop evictions or foreclosure. It can also be used for utilities threat of disconnection.
- 4. Housing Support (GRH)** - Help seniors and adults with disabilities pay for housing costs. It helps prevent people from living in institutions or becoming homeless.
- 5. Child Care Assistance** - Help families pay for day infant-age 12 childcare so that parents can pursue employment or education: www.mn.gov/dhs/child-care.

MISSION OUTPOST COMMUNITY RESOURCE CENTER

A team of trained volunteers at Mission Outpost Community Resource Center is available to help you connect with various community resources such as: job search, housing, medical, dental and mental health services, county assistance forms and more.

Contact us at 952-898-9394 or resources@popmn.org.

This brochure contains information for our most commonly asked questions and needed resources.

OTHER MULTI-RESOURCE COMMUNITY AGENCIES

United Way Information Hotline - www.211.org, 2-1-1

Senior LinkAge Line - www.mn.gov/senior-linkage-line, 800-333-2433

The Salvation Army - www.salvationarmynorth.org, 952-767-3901

Community Action Partnership - www.capagency.org

- Dakota County: 651-322-3500
- Scott/Carver Counties: 952-496-2125

360 Communities - www.360communities.org, 952-985-5300

Lutheran Social Services - www.lssmn.org/services, 651-642-5990



MISSION OUTPOST

COMMUNITY RESOURCE CENTER

MEDICAL & DENTAL HEALTH

MNSure - www.mnsure.org

Minnesota's health insurance marketplace where individuals and families can shop, compare, and choose health insurance coverage that meets their needs. MNSure is the only place you can apply for financial help to lower the cost of your insurance premium and out-of-pocket costs.

Dakota Child and Family Clinic

www.dakotachildandfamily.org, 651-209-8640

Nurse Practitioner clinic who provide high quality, patient-centered care, regardless of ability to pay. Most insurance plans as well as self-pay patients accepted. A sliding fee scale is available.

Dakota County Public Health

www.dakotacounty.us, 651-554-6100, Fax: 651-554-6130

Dakota County Public Health offers immunizations for children and adults. Call 952-891-7585 to schedule an appointment.

Mission Outpost Dental Clinic

www.popmn.org/dental, 952-898-9318

The Dental Clinic is open to individuals experiencing dental pain, who are not covered by dental insurance and reside in and around Dakota County. Cost is \$20 per visit.

HOUSING

Shelter Resources Metro Hotline - 888-234-1329

24-hour hotline for shelter vacancies throughout metro area.

Dakota County Housing Crisis Line

www.dakotacounty.us, 651-554-5751

Emergency shelter, assistance to prevent eviction.

Matrix Emergency Shelter

www.matrixhousingservices.org, 651-319-2153

Screening for available beds in Dakota County, possible hotel if full.

Dakota County Community Development Agency

www.dakotacda.org, 651-675-4400

Affordable housing help.

Lewis House - www.360communities.org, 651-452-7288

Emergency domestic violence shelter for women.

MENTAL HEALTH

Mental Health MN Warmline - 877-404-3190, Text "Support" to 85511

Crisis Text Line - Text "MN" to 741 741

National Alliance on Mental Illness (NAMI) - 888-626-4435

Substance Abuse and Mental Health Services Administration (SAMHSA) - 800-662-4357

WatersEdge Counseling - www.watersedgechc.com, 952-898-5020

Individual, weekly group and intensive outpatient programs.

Ellie Family Services - www.elliementalhealth.com, 651-313-8080

Offering individual, couples, and family therapy, medication management, and community-based services.

Life Development Resources - www.lifedrs.com, 952-898-1133

Birth to Five Programs and Services, Child-Parent Psychotherapy, Behavioral Therapy for Children ages 6-18.

Prairie Care - www.prairie-care.com, 952-826-8475

Child & Adolescent Inpatient Psychiatric Hospital, Partial Hospital Programs, Intensive Outpatient Programs & Clinic Services.

Walk-In - www.walkin.org, 612-870-0565

Free mental health counseling to help people address issues of depression, anxiety, chemical abuse/dependency, trauma, domestic violence, and a variety of other emotional and interpersonal concerns.

JOB RESOURCES

State of Minnesota Job Board - www.minnesotaworks.net

Career Force MN

www.careerforcemn.com/burnsville, 952-703-3100

Free assistance with job search, resume writing & interview training.

Dakota County Job Board - www.co.dakota.mn.us/HealthFamily/FindJob/JobSearchResources/Pages/default.aspx

Unemployment Benefits - www.uimn.org, 651-296-3644

IMMIGRATION SERVICES

MN Council of Churches - www.mnchurches.org, 612-870-3600

Refugees are abundantly supported as they move from addressing basic needs to achieving their dreams, and faith communities are transformed by partnering in this ministry of hospitality.

Lutheran Social Services

www.lssmn.org/services/refugees/services, 612-879-5258

Refugee Resettlement, Employment, Immigration.

Immigrant Law Center - www.ilcm.org, 651-641-1011

Assist with immigration-related cases only, special visa for crime victims, how to avoid immigration scams, and plan so you do not lose rights over your children if you are apprehended by ICE.

LEGAL HELP

Dakota County Legal - www.lawhelpmn.org, 952-431-3200

Home Line - www.homelinemn.org, 612-728-5767

Free and low-cost legal and advocacy services so that tenants throughout Minnesota can solve their own rental housing issues.

Southern Minnesota Regional Legal Services (SMRLS)

www.smrls.org, 888-575-2954

Free, high-quality legal help to low-income people in critical civil matters.

CULTURALLY SPECIFIC RESOURCES

American Indian Family Center - www.aifcmn.org, 651-793-3803

Therapy, recovery, youth support, employment, housing for those experiencing homelessness-offer rent, deposit, utilities, case management, some parenting support.

Indian Health Board - www.indianhealthboard.com, 612-721-9800

Medical, dental, psychiatry, counseling, and support.

Comunidades Latinas Unidas En Servicio (CLUES)

www.clues.org, 651-379-4200

Health and wellness resources, parenting support, financial services, domestic violence advocacy, community events and more.