

## Engage Bible Study Guide Session 21 | Philippians 4:2-9 | February 15, 2021

## >> OPEN

• Would you describe yourself as an optimist, or a pessimist? Why? How did you get that way?

## >> DIG

- How are Euodia and Syntyche harming the church?
- When have you seen conflict harm the church? What happened?
- How do you think Euodia and Syntyche responded to what Paul had to say? Why?
- What is Paul prescription for worry and anxiety? Why is it so hard to follow?
- Why does Paul put such emphasis on where we place our focus?
- How have you seen what you focus on impact how you feel, how you see others and how you behave?
- Who do you know whose life exemplifies the pattern of Jesus, setting aside one's personal agenda for the sake of others? How might you more closely align your life to that pattern?

## >> APPLY

- What might you need to stop focusing on in order to focus on what is true, noble, pure and lovely?
- What do you worry about that you can't actually control? How can you surrender it to God and experience greater peace?