



---

## Engage Bible Study Guide

### Session 12 | Ephesians 4:17-32 | November 23, 2020

---

#### >> OPEN

- Who among your circle of friends and peers do you regard as “most mature”? As “most childish”? Why do you think so? On the road to maturity, which of the two are you like?
- Who influenced you the most when it comes to practical Christian living?

#### >> DIG

- According to verses 17-19, how does “turning toward the darkness” impact our daily lives as Christ followers?
- What does “put away ... put on (clothe yourselves)” entail? How does this action take place?
- Is it possible to change our conduct without a transformation of the heart (verse 18)? Likewise, can our hearts be changed without a resulting change in the way we live our daily lives?
- Christ followers are to “put away” bitterness, wrath, anger, fighting, and slander. Which one is challenging for you? Why?
- Instead, Paul encourages us to “put on” kindness, tender-heartedness, and forgiveness. How are you doing with those?

#### >> APPLY

- This week make an effort to practice kindness, tender-heartedness, and forgiveness with someone else.
- Notice what happens when you are able to do these things. How does that change your life? How was it transformational for the person who benefited by it?
- What one insight do you have from the story of the California Sequoias that I shared at the end of the teaching?