

APRIL  
2024

## STUDENT MINISTRY

PARENT CUE CARD

SERIES  
OVERVIEW

Theme

### YOUR NEW PLAYLIST

**A SERIES ABOUT CHOOSING  
WISDOM WHEN IT COMES TO  
YOUR MINDSET**

As we wrap up the 2023/2024 ministry year, we're bringing students a series aimed at helping them tap into the superpower of mindset. We'll cover topics from repeated negative thoughts to the experience of temporary feelings.

Every week will help students discover just how much the way they think impacts the life they live.

Thankfully, God cares deeply about our thoughts, so we will be looking to Scripture to help us choose mindsets that align with the full life we were created to live.

APRIL 3

**Matt. 6:34 NLT, Matt. 11:28-30 NIV,  
Psalm 94:19 NLT**

You create your playlist.

APRIL 10

**Matt. 10:29-31 MSG, Luke 12:6-7 NIV,  
Luke 12:24 NIV, Psalm 139:14 NIV**

You are enough.

APRIL 17

**Luke 4:18-19, 21b NLT, Mark 6:3 NIV,  
Psalm 37:5 NLT**

Quiet the critic.

APRIL 24

**Ecclesiastes 3:1, 4-8 NIV,  
Psalm 16:8 NLT**

Feelings aren't forever.

#### THEME VERSE

When doubts filled my  
mind, your comfort gave me  
renewed hope and cheer.

Psalm 94:19 NLT

APRIL  
2024

## STUDENT MINISTRY

PARENT CUE CARD

SERIES  
OVERVIEW

Theme

### YOUR NEW PLAYLIST

**A SERIES ABOUT CHOOSING  
WISDOM WHEN IT COMES TO  
YOUR MINDSET**

As we wrap up the 2023/2024 ministry year, we're bringing students a series aimed at helping them tap into the superpower of mindset. We'll cover topics from repeated negative thoughts to the experience of temporary feelings.

Every week will help students discover just how much the way they think impacts the life they live.

Thankfully, God cares deeply about our thoughts, so we will be looking to Scripture to help us choose mindsets that align with the full life we were created to live.

APRIL 3

**Matt. 6:34 NLT, Matt. 11:28-30 NIV,  
Psalm 94:19 NLT**

You create your playlist.

APRIL 10

**Matt. 10:29-31 MSG, Luke 12:6-7 NIV,  
Luke 12:24 NIV, Psalm 139:14 NIV**

You are enough.

APRIL 17

**Luke 4:18-19, 21b NLT, Mark 6:3 NIV,  
Psalm 37:5 NLT**

Quiet the critic.

APRIL 24

**Ecclesiastes 3:1, 4-8 NIV,  
Psalm 16:8 NLT**

Feelings aren't forever.

#### THEME VERSE

When doubts filled my  
mind, your comfort gave me  
renewed hope and cheer.

Psalm 94:19 NLT

**MORNING TIME**

As your teen starts their day, help them fill their mind with positivity by speaking encouraging words to them, sharing truth from scripture, or playing upbeat music with a positive message.

**THEIR TIME**

Ask your teen, “What songs are currently on your favorite playlists? What song/songs would you add to your playlist right now?” As appropriate, listen to some of their favorite songs together. Engage them in conversation about why they like those songs.

**MEAL TIME**

At meal times this month, have everyone answer this question:

“What thought has been playing on repeat in your brain today?”

If it is a negative or unhelpful thought, work together to replace it with something positive and helpful. Scripture is a great place to start!

**BED TIME**

Pray that both you and your teen will recognize the soundtrack in your head, and choose to play a different one if needed.

**MORNING TIME**

As your teen starts their day, help them fill their mind with positivity by speaking encouraging words to them, sharing truth from scripture, or playing upbeat music with a positive message.

**THEIR TIME**

Ask your teen, “What songs are currently on your favorite playlists? What song/songs would you add to your playlist right now?” As appropriate, listen to some of their favorite songs together. Engage them in conversation about why they like those songs.

**MEAL TIME**

At meal times this month, have everyone answer this question:

“What thought has been playing on repeat in your brain today?”

If it is a negative or unhelpful thought, work together to replace it with something positive and helpful. Scripture is a great place to start!

**BED TIME**

Pray that both you and your teen will recognize the soundtrack in your head, and choose to play a different one if needed.