

Theme

**EXPLAINED:**

**A SERIES ON THE BIBLE**

Complicated. Long. Outdated. Contradictory. Boring. When it comes to the Bible, we bet you've heard all that and more from your kids. That's because, for so many of them, the Bible seems to cause more confusion than clarity. Middle/high school is a great time for students to ask questions, express doubts, and wrestle with what they believe in order to develop a personal faith. And nothing brings up more of these types of faith questions than the Bible.

Our primary goal in this series is to focus on the relationship that God offers us through Jesus, pointing students toward the who in the Bible rather than just the what. We want their relationship with Jesus to fuel the time they spend in the Bible. That's why, in this series, we'll strive to relieve some of the tensions surrounding the Bible by explaining a user-friendly approach that focuses on learning about God and applying God's wisdom in our lives.

Week One - September 16

**John 1:1; John 1:14a; Hebrews 1:1-2a**  
The point of the Bible is to know God better.

Week Two - September 23

**2 Timothy 3:16; Genesis 2:7**  
When it comes to the Bible, we read it because God is in it.

Week Three - September 30

**Psalms 119:105; Psalm 119:11**  
The Bible brings things to light.

**REMEMBER THIS**

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness."  
2 Timothy 3:16 NIV

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**MORNING TIME**

Take time in the morning to pray for your student. If you are looking for a way to pray specifically, consider praying Galatians 5:23—the fruits of the Spirit—asking God to help your student (and you!) grow in these things. Thank God for them and that you get to be in a family together. After praying, text your student and tell them you were praying for them. In your text, encourage them by pointing out a fruit of the Spirit that you've recently seen them demonstrate in their life.

**THEIR TIME**

Middle/high school students can often feel alone. As different as their experience in school may be from yours, some things are the same. Your student may struggle to read the Bible or connect with God which is something you may have wrestled with as well. The next time your student brings up something difficult, share a similar experience from your past. Express to your student that what they're going through is normal and they aren't alone.

**MEAL TIME**

At your next meal together, share a time when something you read in or heard from the Bible was helpful to you. Share the verse or the idea behind it and tell why the verse was meaningful to have come to mind when you needed it. Ask your student if they have had a time when Scripture came to mind when they needed it. As a family, talk about a circumstance you may be going through where a verse might be helpful to memorize and keep in mind. Spend time searching for a verse to memorize together.

**BED TIME**

Before your student goes to bed, ask them if there is anything you can be praying for them about in the coming days or weeks. Tell them that you would love to be praying for them and checking in with them to see how they are doing. Then, follow through on it. Be proactive in asking them later how they are feeling with what they are asking for prayer about. Maybe even find a Bible verse you can encourage them with. You could even commit to memorize the verse together.

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