



SEPTEMBER THEME

TREK

An Adventure in Trust

BIBLE STORY

Genesis 41

Under Pressure | Joseph Interprets
Pharaoh's Dreams

Spark Story Bible, pg. 56-59

Pharaoh's Dreams, Part 2

BOTTOM LINE

When the pressure is on, you can
trust God is with you

MEMORY VERSE

"Trust in the Lord with all your
heart and lean not on your own
understanding."

Proverbs 3:5, NIV

LIFE APP

Trust | Putting your confidence in
someone you can depend on

BASIC TRUTH

I can trust God no matter what

FOR LEADERS ONLY

GOD VIEW: the connection between **TRUST** and God's character, as shown through God's big story.

Key Question: What do you need to trust God with right now? We hope that this week will inspire families to deeply share with one another, kids can continue that growth in small group, and parents in parenting tools, as they will have a chance to talk through situations in their own life where trusting God is important. We pray this is a powerful week for families.

Next, we see how God is faithful to Joseph in **Genesis 41**. Joseph seemed to continually find himself in situations where he needed to trust God. Pharaoh had a dream that no one could interpret. It's in this moment the king's cupbearer, who was in prison with Joseph, remembered how Joseph had interpreted his dream. At once, Pharaoh sent for Joseph. He went and with God's help interpreted the dreams and offered a plan for helping Egypt survive the famine that God says is coming. Pharaoh put Joseph in charge of the entire kingdom.

Bottom Line: When the pressure is on, you can trust God is with you. Kids face moments all of the time when they'll need to trust God. Rather than getting scared, they can put their trust in God and face whatever comes their way.

SOCIAL: PROVIDING TIME FOR FUN INTERACTION

Welcome kids and spend time engaging in conversation and catching up. Get ready to experience today's story.

Before kids arrive, **PRAY** for each group member by name. Ask God to help you have great conversations today about the things that cause feelings of pressure for your group. Pray that God would help you use what you learn to guide kids as they learn to trust God in those situations.

•• JUST FOR FUN

Made to Move | *An activity that increases the oxygen in the brain and taps into the energy in the body*

What You Need: Copy paper, pens

What You Do:

- Explain that kids will be doing several activities where the pressure will be on. They'll need to do a certain number of things in a set amount of time.
- You can choose what kids will do and/or do some of the following (*adjust times as needed*):
 - Do 10 sit-ups in 25 seconds
 - Write down eight words that start with B in one minute
 - Do 20 jumping jacks in 30 seconds



- Draw everyone who lives in your house in one minute. Make sure to write their names
- Shake everyone’s hand in 20 seconds

•• GET YOUR HEAD IN THE GAME

Made to Connect | An activity that invites kids to share with others and build on their understanding

What You Need: Copy paper, pens

What You Do:

- Give kids paper and pens.
- Instruct kids to write “DREAM” vertically on the left edge of their papers.
- In the middle of the paper, instruct them to write “MAERD,” which is “DREAM” backwards.
- Make sure kids line up the letters on both sides of the paper. For example: The “D” in “DREAM” is directly across from the “M” IN “MAERD,” the “R” is directly across from the “A” and so on.
- Encourage kids to come up with topics for dreams using the letters on their papers. For example:

Dinosaurs	Marching
Radioactive	Ants
Exploding	Eggs
Armadillos	Rapping
Monsters	Dancing
- Let kids tell crazy dream stories as they work on their acrostics.
- If you have extra time, turn over your papers and do the same activity using the letters in your first name.

What You Say: [Transition] **Today in Sunday CM worship/WOW family worship, we are going to hear/we heard about some crazy dreams and what they can teach us about trusting God.”**

[Sunday Leaders: Lead your group to Fellowship Hall for Children’s Ministry worship. Wednesday Leaders: Continue with the study.]

GROUPS: CREATING A SAFE PLACE TO CONNECT

Create a safe place to connect and learn how the Bible story applies to real life experiences, through interactive activities and discussion questions.

•• TAKE A SNAPSHOT [Live for God | Application Activity]

Made to Explore | An activity that extends learning through hands on experimentation and discovery

What You Need: “Scenario” cards

What You Do:

- Divide kids into three groups. Give each group a “Scenario” card, and explain that they’ll need to come up with a quick skit for that scenario.
- Give groups a minute or two to plan, and then let them each present their skit to everyone else.
- After each one, talk about how things could go differently in the scenario when you trust God versus when you don’t trust God.

What You Say: “If you’ve ever had to make a really big catch in a game, or give a speech in front of your class, or stand up to a bully, then you know what it feels like when the pressure’s on. But **[Bottom Line] when the pressure is on, you can trust God is with you.**”



God can help you be calm, know what to do, and have the strength to do it.” **[Make It Personal]** *(Tell kids about a time at school or work when the pressure was on you, and you trusted God to help you get through it.)*

●● **BIBLE STORY EXTENSION** [Talk about God | Bible Story Review]

Made to Create | An activity that explores spiritual ideas through the process of drawing, building, and designing

What You Need: Bibles, copy paper, markers

What You Do:

- Hand out a piece of copy paper to each group member. Set out markers and extra paper where everybody can share them.
- Allow kids 45 seconds to draw something that relates to today’s Bible story. *(This is their only parameter. Let them draw anything that has anything to do with today’s story.)*
- When time is up, encourage the group to work together to put their drawings in order of the story.
- Give kids time to evaluate if anything is missing from the story line.
- Allow kids another 45 seconds to draw whatever is needed to fill in the missing pieces of the story.
- After each round, ask if the story is complete. If not, allow kids to continue to draw pictures until the story line is complete.
- Let kids look up the story in Genesis 41 to make sure no plot points were missed.
- Ask...

—What tough situations did Joseph experience when he might have felt under pressure?

What You Say: “Joseph trusted God when he didn’t know what the outcome would be, when he felt lonely, when he had to speak to Pharaoh about Pharaoh’s dreams. What are other examples of people in the Bible who trusted God in tough situations or when the pressure was on? *(brainstorm some as a group)* What can we learn from their examples? *(God is always with us; we can trust God; today’s [Bottom Line] when the pressure is on, you can trust God is with you.)* That’s right! We can always trust God!”

●● **DISCUSSION QUESTIONS** [Live for God | Application Activity]

Made to Connect | An activity that invites kids to share with others and build on their understanding

What You Need: No supplies needed

What You Do:

- Ask
- What are some feelings you may have when you face a tough situation or have to do something very difficult?
- What is something you can do to stay calm when you start to feel like the pressure is on and things are out of control?
- What do you need to trust God with right now?

●● **VERSES TO TAKE WITH YOU** [Hear from God | Memory Verse Activity]

Made to Connect | An activity that invites kids to share with others and build on their understanding

What You Need: Bibles, “Reference” cards, pens

What You Do:

- Give each kid a “Reference” card.
- Instruct kids to look up the Bible verse from the reference on their card and write the verse on the back of their cards.
- Allow kids to share their verses with the group.
- Challenge kids to memorize their verse this week.
- Encourage them to remember their verse when they face tough situations this week or feel under pressure.

