



SEPTEMBER THEME



**BIBLE STORY**

1 Kings 19:14-21; 2 Kings 2:1-15  
Friend Like Me | Elijah and Elisha

**BOTTOM LINE**

Friends encourage one another

**MEMORY VERSE**

"A friend loves at all times. They are there to help when trouble comes."  
Proverbs 17:17, NIV

**LIFE APP**

**Friendship** | Using your words and actions to show others you care

**BASIC TRUTH**

I should treat others the way I want to be treated



•• **THURSDAY 09/24**

**SHARE** | Highs and Lows...what was great about today? What was tough?

**READ** | 1 Thessalonians 5:11

**TALK** | We all have bad days. We all feel like we just can't do anything right sometimes. This verse reminds us to encourage others; to stand by them when they're having the kind of day when they need a cheer.

**PRAY** | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, or anything/anyone else who needs prayer, for a heart that seeks to encourage others...

**BLESS** | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• **FRIDAY 09/25**

**SHARE** | Highs and Lows...what was great about today? What was tough?

**READ** | John 15:12

**TALK** | When we encourage others, we're showing them God's love. Who has been an encourager for you? Who might you encourage today?

**PRAY** | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, or anything/anyone else who needs prayer, for a heart that seeks to encourage others...

**BLESS** | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• **SATURDAY 09/26**

**SHARE** | Highs and Lows...what was great about today? What was tough?

**READ** | Galatians 6:2

**TALK** | Encouraging others means supporting them and building them up. Brainstorm ways you can build one another up.

**PRAY** | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, or anything/anyone else who needs prayer, for a heart that seeks to encourage others...



**BLESS** | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

### •• SUNDAY 09/27

**SHARE** | Highs and Lows...what was great about today? What was tough?

**READ** | Romans 15:2

**TALK** | Sometimes it's easier to encourage those we know well. How might you encourage those you don't know very well? Think about the person working at the grocery store or the person in line ahead of you at the library.

**PRAY** | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, or anything/ anyone else who needs prayer, for a heart that seeks to encourage others...

**BLESS** | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

### •• MONDAY 09/28

**SHARE** | Highs and Lows...what was great about today? What was tough?

**READ** | Ephesians 4:29

**TALK** | Being an encourager is making sure the words we say build people up rather than tear them down. This includes those things we say to others as well as those things we say about others. Brainstorm how you might work to be an encourager with your words, avoiding gossip and seeking to build others up.

**PRAY** | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, or anything/ anyone else who needs prayer, for a heart that seeks to encourage others...

**BLESS** | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

### •• TUESDAY 09/29

**SHARE** | Highs and Lows...what was great about today? What was tough?

**READ** | Romans 15:13

**TALK** | The neat thing about joy is that it is catchy. When we are filled with joy, others are, too. Having a joyful spirit is just one way to encourage others...to help them see the bright side of things by the way we approach even difficult or stressful situations. Who is someone you know who radiates joy? What changes would you need to make in order to live that way?

**PRAY** | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, or anything/ anyone else who needs prayer, for a heart that seeks to encourage others...

**BLESS** | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

### •• WHAT'S NEXT

Set a reminder to join us for WOW @home on Wednesday 09/30 at 6:00 pm live at [facebook.com/popchildrens](https://www.facebook.com/popchildrens) or on demand at [popmn.org/youtube](https://www.popmn.org/youtube) for a time of worship centered around our **[Bottom Line] Friends forgive one another!**