



**OCTOBER THEME**



**BIBLE STORY**

**Daniel 1**  
Rise Up | Daniel's Integrity

**BOTTOM LINE**

Be truthful with your whole life

**MEMORY VERSE**

"Whoever walks in integrity walks  
securely, but whoever takes crooked paths  
will be found out."  
Proverbs 10:9, NIV

**LIFE APP**

**Integrity** | Choosing to be truthful in  
whatever you say and do

**BASIC TRUTH**

I can trust God no matter what

**●● THEME OVERVIEW**

**Key Question: How do you want people to describe you?** As we think about relating with people around us, it's important to understand and remember how our actions impact others. We hope this question will lead to a discussion about how being a person of integrity can impact how others relate to us.

**Bottom Line: Be truthful with your whole life.** Integrity means doing what is right, even when no one is looking. When we're truthful with our whole life, we're not just honest with our words. We also make sure our actions in front of people or by ourselves match and fit within the life God wants us to live.

**●● THEME VIDEO**

**What You Do:** Watch this week's video in the comfort of your family's @ home prayer + worship spot. The video can be found on [popmn.org/cm](http://popmn.org/cm) or [facebook.com/popchildrens](https://facebook.com/popchildrens). Then use this Family Guide, GodTime & ParentCue cards, and FAITH5 daily devos to keep the conversation going...

**●● HUNGRY, HUNGRY KIDDOS** [Talk about God | Bible Story Review]

**What You Need:** A big bag of Skittles (or colored pom poms), plastic cups

**What You Do:**

- Lead your family in a life-sized variation of the game Hungry, Hungry Hippos®.
- Divide your family into two teams and help them gather in opposite corners of your playing space.
- Give each team a cup.
- Scatter the Skittles in the center of your playing space.
- Choose one color of Skittles to be the "king's food." All the other colors will be "vegetables."
- At your signal, one person on each team will belly crawl to the Skittles, place the cup over as many "veggies" as possible, then belly crawl back to the team while holding the "veggies" under the cup.
- Once there, the first kid will release the Skittles into a pile and give the cup to the next player.
- The catch: you may only use the cups to move the Skittles. You may not touch them with your hands.
- If anybody accidentally retrieves a piece of "king's food," they must use the cup to return it to the center of the playing space.
- Give lots of praise for being truthful and following the rules during the game. (*"You were truthful and returned the 'king's food' to the center. Great job putting the 'veggies' in a neat pile! You showed integrity! Nice work!"*)

—Play continues until teams gather all of the “veggie” Skittles.

**What You Say:** “When Daniel and his friends were captured, no one would have known if they kept following God’s rules or not. But Daniel and his friends knew what was right, and they chose to follow God, no matter what. They practiced integrity. Integrity means choosing to be truthful in whatever you say and do.

“We can practice integrity, too. We can be truthful and admit to making a mess and follow up with our actions by cleaning it up. We can be truthful with our teachers or coworkers by telling them that we did something we weren’t supposed to do. And we can be truthful with our friends by playing fair. How else can we be truthful? (*I can tell the truth instead of blaming things on my brother. I can take out the garbage when it is my turn to do it.*) Great ideas! When you choose to be truthful in whatever you say and do, you show integrity! So, remember to **[Bottom Line] be truthful with your whole life.**”

**What You Share:**

- Take turns sharing about a time when you chose to be truthful, especially if no one was looking. (*You may share about a time a cashier forgot to charge you for something you bought, and you went back to pay for it; a time you got more change back than you should have gotten and you gave it back; or another time when you told the truth even when it was hard.*)

●● **THUMBS-UP** [Live for God | Application Activity]

**What You Need:** No supplies needed

**What You Do:**

- Read the scenarios below.
- Tell your family to give a thumbs-up if the kid in the scenario is truthful and shows integrity.
- Tell them to give a thumbs-down if the kid in the scenario doesn’t show integrity.
- Keep interest high by keeping a quick pace. Add variety by guiding family members to do different actions as they give their thumbs up and down such as: jump as high as you can, sit cross-legged, spin in a circle, etc.

**Scenarios...**

- It’s your mom’s birthday, and she loves flowers. Without permission, you pick some flowers from your neighbor’s yard.
- It’s your mom’s birthday, and she loves flowers. You ask your neighbor if you can pick some of theirs to give her.
- You drop some food on the floor in the cafeteria. When the teacher asks who did it, you don’t say anything.
- You spill some juice on the floor just before your mom comes into the kitchen. When she asks, “Did you spill the juice?” you say “Yes,” and clean it up.
- You accidentally break something at home. When your dad asks what happened, you say, “I don’t know.”
- It’s close to dinner time, and your mom goes outside to talk to a neighbor. While she’s gone, you eat a cookie even though you’re supposed to ask before getting treats.
- You find some money in your classroom. You don’t know whose it is, so you give it to your teacher.
- You find some money in your classroom. You don’t know whose it is, so you keep it.
- You get mad at your brother, and you hit him. You tell your mom it was an accident.
- Your mom tells you to clean your room, so you clean it the best you can.

**What You Say:** “Having integrity means that you choose to be truthful in whatever you SAY and DO. So, if you are asked to clean your room, and you stuff things under your bed or in your closet, are you being truthful? (*No!*) Why not? (*I was told to clean my room, and I really didn’t. I didn’t do what I was asked to do.*) What should you do instead? (*I should really clean my room. I should do what I was asked to do.*) If you break something, and are asked, ‘What happened?’ and you say, ‘I don’t know,’ are you being truthful? (*No.*) No, you’re not being honest, are you? What should you say instead? (*I broke it. I’m sorry.*)

“Having integrity means that you choose to be truthful in whatever you say and do. God wants you to **[Bottom Line] be**

**truthful with your whole life** because GOD is truthful. And you know what? If you ask, God will help you! So remember to **[Bottom Line] be truthful with your whole life.**"

●● **WALKING IN INTEGRITY** [Memory Verse Activity]

**What You Need:** No supplies needed

**What You Do:**

- Read this month's Memory Verse (*found in the left-hand column of the first page of this Family Guide*) out loud to your family. Or, if your kids are able to read, let them take the lead.
- As a family, discuss the phrase "walks in integrity," explaining that to walk in integrity means to be honest and truthful in whatever you say and do.
- Also discuss "walks securely," emphasizing that when you're honest, you stay safe from the consequences of being dishonest.
- Next discuss how the phrase "crooked paths" refers to living the kind of life where you are not truthful or do not do what you say you will do. Emphasize that this behavior ultimately leads to negative consequences.
- Practice saying the Memory Verse together until everyone is very familiar with it.
- Then, go for a walk in your neighborhood. Alternate between walking "securely" in a straight line, and walking "in crooked paths." Practice saying the memory verse as you walk. When you get back home, review the experience using the conversation below.

**What You Say:** "Whoever walks in integrity walks securely, but whoever takes crooked paths will be found out." Proverbs 10:9 NIV.

'Walking in integrity' means that you're honest and truthful in what you SAY and in what you DO. How can you be honest in what you say? (*I can tell the truth when I do something wrong. I can tell the truth instead of saying, 'I don't know.' I can tell the truth instead of saying, 'It was an accident.'*) How can you be truthful in what you do? (*I can do what I'm asked to do. I can pick up my room when I'm asked to. I can play fair with my friends. NOTE: Some kids—especially younger ones— may struggle to think of examples. That's okay. Just ask prompting questions to help them along.*)

"Great ideas! Does God want us to be honest in what we say and do? Yes! God wants us to have integrity, because when we're honest and truthful we can show others who God is and what God is like. So, remember to **[Bottom Line] be truthful with your whole life.**"

●● **PRAY**

**What You Say:** "Let's pray. Dear God, thank you so much for the example of Daniel and his friends. Thank you that they showed us that we can do what's right, even when no one's looking. Please help us do what's right even when no one's looking. Help us live honestly and tell the truth so we can show other people who you are and what you're like. We love you, Lord. Amen."

●● **ADDITIONAL RESOURCES**

Download the **GodTime Card, ParentCue Card, and FAITH5** at [popmn.org/cm](http://popmn.org/cm). Use them this week to continue the conversation around our bottom line: **[Bottom Line] Be truthful with your whole life.**

●● **WHAT'S NEXT**

Set a reminder to join us for WOW @home on Wednesday 10/21 at 6:00 pm live at [facebook.com/popchildrens](https://www.facebook.com/popchildrens) or anytime after that at [popmn.org/youtube](http://popmn.org/youtube) for a time of worship centered around the **[Bottom Line]: When you're not truthful, you lose trust.**"