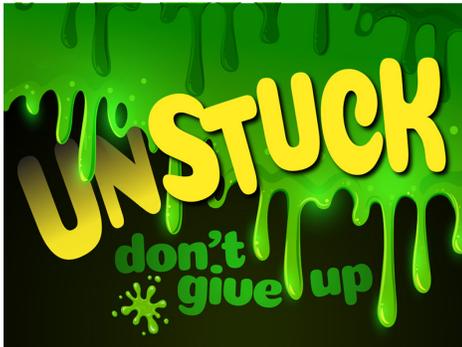




MAY THEME



BIBLE STORY

Matthew 28:16-20; Luke 24:50-53; Acts 1:1-11

Send Me On My Way | Jesus' Final Orders to His Disciples/Ascension
Spark Story Bible, pg. 496-497 + 498-499
The Great Commission + The Ascension

BOTTOM LINE

Keep going even when it seems impossible

MEMORY VERSE

"Stay excited about your faith as you serve the Lord. When you hope, be joyful. When you suffer, be patient. When you pray, be faithful."

Romans 12:11-12, NIV

LIFE APP

Determination | Deciding it's worth it to finish what you started

BASIC TRUTH

I can trust God no matter what



•• THURSDAY 05/07

SHARE | Highs and Lows...what was great about today? What was tough?

READ | 1 Corinthians 9:24-25

TALK | Running a race can be tough. Sometimes we feel like we can't take another step. The promise we have in Jesus is that we are never alone. He will give us the strength we need even when things seem impossible.

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, and for anything/anyone else you know who needs prayer, for anything you're facing that seems impossible...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• FRIDAY 05/08

SHARE | Highs and Lows...what was great about today? What was tough?

READ | 1 Corinthians 16:13

TALK | When we want to quit, God can help us be brave and face our challenges. What's hard in your life right now? What seems impossible?

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, and for anything/anyone else you know who needs prayer, for anything you're facing that seems impossible...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• SATURDAY 05/09

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Isaiah 41:10

TALK | When we face situations that are difficult we often get scared. What if we fail or make a mistake? These words remind us that we're not alone. God is with us and will help us face even the impossible.

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, and for anything/anyone else you



know who needs prayer, for anything you're facing that seems impossible...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• SUNDAY 05/10

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Philippians 4:13

TALK | What do you need God's help doing today? Write down today's verse and put it somewhere you will see it often.

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, and for anything/anyone else you know who needs prayer, for anything you're facing that seems impossible...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• MONDAY 05/11

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Jeremiah 29:11

TALK | God wants only the best for us and promises to be with us when life gets hard. Where have you seen God at work today? How could you use God's help this week? Share as a family so you can support one another with God's promise.

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, and for anything/anyone else you know who needs prayer, for anything you're facing that seems impossible...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• TUESDAY 05/12

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Romans 12:11-12

TALK | This month's Memory Verse encourages us to trust that God is with us: to be joyful in hope, to be patient when things are hard, and to turn to God in prayer. How might your family live out these verses this week?

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, and for anything/anyone else you know who needs prayer, for anything you're facing that seems impossible...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• WHAT'S NEXT

Set a reminder to join us for WOW @home on Wednesday 05/13 at 6:00 pm live at [facebook.com/popchildrens](https://www.facebook.com/popchildrens) or on demand at [popmn.org/youtube](https://www.popmn.org/youtube) for a time of worship centered around next week's theme.