



**MARCH THEME**



**BIBLE STORY**

**Genesis 25:24-34**

Can't Hardly Wait | Esau's Impatience

**BOTTOM LINE**

If you don't wait, it could cost you

**MEMORY VERSE**

"Wait for the Lord. Be strong and don't lose hope. Wait for the Lord."

Psalm 27:14 (NIRV)

**LIFE APP**

**Patience** | Waiting until later for what you want now

**BASIC TRUTH**

I need to make the wise choice



**•• THURSDAY 03/18**

**SHARE** | Highs and Lows...what was great about today? What was tough?

**READ** | Proverbs 15:18

**TALK** | This verse reminds us that, even when we're frustrated that we have to wait, things go better when we're patient. How might you live patiently today?

**PRAY** | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, for anything/anyone else who needs prayer, for the strength to wait...

**BLESS** | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

**•• FRIDAY 03/19**

**SHARE** | Highs and Lows...what was great about today? What was tough?

**READ** | 1 Corinthians 13:4

**TALK** | This verse reminds us what love looks like. Love is patient. Love is kind. How can you show love by being patient today?

**PRAY** | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, for anything/anyone else who needs prayer, for the strength to wait...

**BLESS** | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

**•• SATURDAY 03/20**

**SHARE** | Highs and Lows...what was great about today? What was tough?

**READ** | Ecclesiastes 7:8-9

**TALK** | When you're having trouble waiting, remember to think about the end game. What are you waiting for? Remember that it's worth the wait... and be patient.

**PRAY** | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, for anything/anyone else who needs



prayer, for the strength to wait...

**BLESS** | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

### •• SUNDAY 03/21

**SHARE** | Highs and Lows...what was great about today? What was tough?

**READ** | Proverbs 16:32

**TALK** | Impatience can bring out the worst in us. This verse reminds us that controlling our temper and being patient is the best thing to do. Ask God to help you remember to be patient with whatever you're waiting for today.

**PRAY** | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, for anything/ anyone else who needs prayer, for the strength to wait...

**BLESS** | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

### •• MONDAY 03/22

**SHARE** | Highs and Lows...what was great about today? What was tough?

**READ** | Galatians 5:22-23

**TALK** | The fruit of the Spirit give us great guidance on how to live. How might you live them out today?

**PRAY** | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, for anything/ anyone else who needs prayer, for the strength to wait...

**BLESS** | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

### •• TUESDAY 03/23

**SHARE** | Highs and Lows...what was great about today? What was tough?

**READ** | Romans 12:12

**TALK** | There are three things this verse encourages us to do: joyfully hope, be patient and faithfully pray. Let these words challenge you today.

**PRAY** | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, for anything/ anyone else who needs prayer, for the strength to wait...

**BLESS** | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

### •• WHAT'S NEXT

Set a reminder to join us next week for WOW @home on Wednesday 03/24 at 6:00 pm live at [facebook.com/popchildrens](https://facebook.com/popchildrens) or [popmn.org/youtube](https://popmn.org/youtube) for a time of worship centered around the [Bottom Line]: **You can celebrate even when you're waiting.**