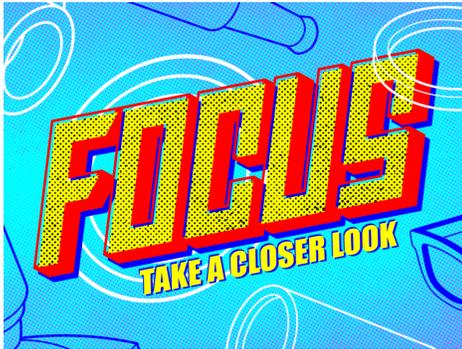




JULY THEME



BIBLE STORY

Acts 9:10-31

Fearless | Ananias Helps Paul
Spark Story Bible, pg. 516-519
Saul to Paul, part 2

BOTTOM LINE

Knowing Jesus can help you
face your fears

MEMORY VERSE

“Faith is being sure of what we hope for. It
is being sure of what we do not see.”
Hebrews 11:1, NIV

LIFE APP

Faith | Trusting in what you can't see
because of what you can see

BASIC TRUTH

I can trust God no matter what



•• THURSDAY 07/23

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Deuteronomy 31:7-8

TALK | Sometimes life is hard. Sometimes we face difficult situations that scare us. How does knowing God is always with you help in those times?

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, or anything/anyone else you know who needs prayer, for any fear you have right now...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• FRIDAY 07/24

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Psalm 27:1

TALK | Things sometimes seem much more scary in the dark. Jesus' love shines light on our lives to help us through those scary moments.

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, or anything/anyone else you know who needs prayer, for any fear you have right now...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• SATURDAY 07/25

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Psalm 56:3-4

TALK | It's ok to be afraid sometimes. But we can take comfort in knowing that Jesus meets us right there and will give us the strength we need to get through it.

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, or anything/anyone else you know who needs prayer, for any fear you have right now...



BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• SUNDAY 07/26

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Psalm 18:2

TALK | Find a rock that you can hold easily in your hand. Hold it while you pray for God to help you with your fear.

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, or anything/ anyone else you know who needs prayer, for any fear you have right now...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• MONDAY 07/27

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Psalm 23:4

TALK | Sometimes life is hard. Sometimes we face difficult situations that scare us. What does this verse say to you about those times?

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, or anything/ anyone else you know who needs prayer, for any fear you have right now...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• TUESDAY 07/28

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Isaiah 41:10

TALK | This verse reminds us we are never, ever alone. In those moments when we are afraid, God is there. In those moments when we need help, God is there. God will help us get through anything we are facing in our lives. How have you felt God with you this week?

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, or anything/ anyone else you know who needs prayer, for any fear you have right now...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• WHAT'S NEXT

Set a reminder to join us for WOW @home on Wednesday 07/29 at 6:00 pm live at [facebook.com/popchildrens](https://www.facebook.com/popchildrens) or on demand at [popmn.org/youtube](https://www.popmn.org/youtube) for a time of worship centered around the **[Bottom Line]: Knowing Jesus changes the way you see others!**