



FEBRUARY THEME



BIBLE STORY

Ephesians 4:32

Humble and Kind | God Was Kind to Us

BOTTOM LINE

Be kind to others because God
is kind to you

MEMORY VERSE

“You are God’s chosen people. You are holy
and dearly loved. So put on tender mercy
and kindness as if they were your clothes.
Don’t be proud. Be gentle and patient.”

Colossians 3:12 (NIV)

LIFE APP

Kindness | Showing others they are
valuable by how you treat them

BASIC TRUTH

I should treat others the way I want to be
treated



•• THURSDAY 02/04

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Ephesians 4:32

TALK | This verse makes it pretty clear: we are kind to others because we have received the most generous of kindnesses when God sent Jesus so we would know just how much we are loved. Rest in that love today.

PRAY | For your family’s highs and lows, for our world’s leaders to make wise choices, for health and healing, for anything/anyone else who needs prayer, for a heart ready to share the kindness you have received...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus’ love: “You are a loved child of God,” “Jesus loves you and so do I,” or the baptismal promise: “You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever.”

•• FRIDAY 02/05

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Joel 2:13

TALK | We all make mistakes, don’t we? This verse reminds us that, no matter what, God will always love us and treat us with kindness. Who is someone who could use your kindness today? How will you show it?

PRAY | For your family’s highs and lows, for our world’s leaders to make wise choices, for health and healing, for anything/anyone else who needs prayer, for a heart ready to share the kindness you have received...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus’ love: “You are a loved child of God,” “Jesus loves you and so do I,” or the baptismal promise: “You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever.”

•• SATURDAY 02/06

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Titus 3:4-5

TALK | We didn’t do anything to earn God’s love and kindness. God gave it to us freely and gives it to us every day. Thank Jesus for coming to show you just how much you are loved.

PRAY | For your family’s highs and lows, for our world’s leaders to make



wise choices, for health and healing, for anything/anyone else who needs prayer, for a heart ready to share the kindness you have received...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• SUNDAY 02/07

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Psalm 143:8

TALK | This verse reminds us to start each day resting in the unending love and kindness of God. Do that today!

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, for anything/anyone else who needs prayer, for a heart ready to share the kindness you have received...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• MONDAY 02/08

SHARE | Highs and Lows...what was great about today? What was tough?

READ | 1 John 3:18

TALK | We should do more than talk about being kind...we should live out God's kindness in our actions. What is something specific you might do today to share God's kindness with those around you?

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, for anything/anyone else who needs prayer, for a heart ready to share the kindness you have received...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• TUESDAY 02/09

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Colossians 3:12

TALK | The first part of this month's Memory Verse reminds us why we do our best to live out kindness: we are "God's chosen people...holy and dearly loved." Ask God to help you live out the love and kindness that you've been so freely given.

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, for anything/anyone else who needs prayer, for a heart ready to share the kindness you have received...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• WHAT'S NEXT

Set a reminder to join us for WOW @home on Wednesday 02/10 at 6:00 pm live at [facebook.com/popchildrens](https://www.facebook.com/popchildrens) or anytime after that at [popmn.org/youtube](https://www.popmn.org/youtube) for a time of worship centered around the **[Bottom Line]: Be kinder than you have to be.**