



February 19
2020

LEADER GUIDE

SCRIPTURE
What makes
you unclean
Mark 7:1-23

NUGGET

The gospel message isn't a new set of rules to follow but a way to heal the heart.

NOTES & PRAYER REQUESTS



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DISCUSSION QUESTIONS

Read Mark 7: 1-13

- What are some of your favorite and least favorite family traditions?
- Think about Christmas and Easter traditions. Which are helpful to you in focusing on your faith? Which are unhelpful/distracting?
- From Jason's message, "Jesus is saying that the laws regarding how people were eating were missing the point." Do you have to follow any rules in your home/school/community that you feel are missing the point? Which rules? How are they missing the point?
- "Jesus called the Pharisees hypocrites because their worship was an act and didn't connect with their hearts." Tell about a time you felt disconnected from God while at church. Tell about a time you felt connected to God at an unexpected place/time. What did you do (or not do) to feel disconnected or connected?
- What hypocritical things do you see leaders doing/saying in current times?

Read Mark 7:14-23

- Mark 7:22 lists some evil thoughts that defile our hearts. Are some of these worse than others? Which do you tend to struggle with most?
- Jason listed some practical ways to change our hearts. Share about a time that surrounding yourself with people who know you, are compassionate towards you, and love you has helped to heal your heart.

ACTIVITY

Use the activity page provided to lead your group in the "Hypocrisy" game.

GOING DEEPER

What do these scriptures teach about the human heart?

- Jeremiah 5:23
- Matthew 12:34-35, 23:27-28
- Ephesians 4:17-19
- Ezekiel 36:26-28

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