



FEBRUARY THEME



BIBLE STORY

Matthew 5:41

One More Time | Go the Extra Mile

BOTTOM LINE

Be kinder than you have to be

MEMORY VERSE

“You are God’s chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don’t be proud. Be gentle and patient.”

Colossians 3:12 (NIV)

LIFE APP

Kindness | Showing others they are valuable by how you treat them

BASIC TRUTH

I should treat others the way I want to be treated



•• THURSDAY 02/11

SHARE | Highs and Lows...what was great about today? What was tough?

READ | 1 John 3:18

TALK | It has been said that actions speak louder than words. This verse encourages us to let our actions reflect God’s love for others.

PRAY | For your family’s highs and lows, for our world’s leaders to make wise choices, for health and healing, for anything/anyone else who needs prayer, for the courage to go out of your way to spread kindness...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus’ love: “You are a loved child of God,” “Jesus loves you and so do I,” or the baptismal promise: “You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever.”

•• FRIDAY 02/12

SHARE | Highs and Lows...what was great about today? What was tough?

READ | 1 Corinthians 13:4

TALK | Sometimes it’s hard to be patient and kind, isn’t it? But these words remind us what true kindness looks like. How might you be kind today?

PRAY | For your family’s highs and lows, for our world’s leaders to make wise choices, for health and healing, for anything/anyone else who needs prayer, for the courage to go out of your way to spread kindness...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus’ love: “You are a loved child of God,” “Jesus loves you and so do I,” or the baptismal promise: “You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever.”

•• SATURDAY 02/13

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Romans 12:10

TALK | Sometimes, in order to go out of our way with kindness, we need to put the needs of others ahead of ourselves. What might that look like in your relationships today?

PRAY | For your family’s highs and lows, for our world’s leaders to make wise choices, for health and healing, for anything/anyone else who needs prayer, for the courage to go out of your way to spread kindness...



BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• SUNDAY 02/14

SHARE | Highs and Lows...what was great about today? What was tough?

READ | 1 Thessalonians 5:15

TALK | Sometimes people do things that irritate us or make us mad. This verse reminds us that, instead of lashing out in anger, we should respond with kindness in our hearts. What are some ways we can respond with kindness instead of doing or saying something to keep the fight going?

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, for anything/ anyone else who needs prayer, for the courage to go out of your way to spread kindness...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• MONDAY 02/15

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Luke 6:27-31

TALK | These verses are excellent examples of "going above and beyond." Not that we should be taken advantage of by others, but that we should go out of our way to show kindness. What are some ways you might live out these words?

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, for anything/ anyone else who needs prayer, for the courage to go out of your way to spread kindness...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• TUESDAY 02/16

SHARE | Highs and Lows...what was great about today? What was tough?

READ | Colossians 3:12

TALK | Just like we get dressed every morning, this month's Memory Verse encourages us to put on kindness...every day! Put this verse somewhere you will see it as you get ready and ask God to help you live out the kindness you've been given.

PRAY | For your family's highs and lows, for our world's leaders to make wise choices, for health and healing, for anything/ anyone else who needs prayer, for the courage to go out of your way to spread kindness...

BLESS | Seal each other with the sign of the cross on foreheads or hands, saying something that reminds you about Jesus' love: "You are a loved child of God," "Jesus loves you and so do I," or the baptismal promise: "You have been sealed by the power of the Holy Spirit and marked by the Cross of Christ forever."

•• WHAT'S NEXT

Set a reminder to join us next week for a special Ash Wednesday Worship Service and then for WOW @home the following Wednesday, 02/24, at 6:00 pm live at [facebook.com/popchildrens](https://www.facebook.com/popchildrens) or anytime after that at [popmn.org/youtube](https://www.popmn.org/youtube) for a time of worship centered around the **[Bottom Line]: Be kind to people who are different from you.**