



**Week of June 27, 2021**

## **Lessons in Luke: Healing Within a Healing Luke 8:40-56**

### **Day One: Read Luke 8:40-48**

*<sup>40</sup> On the other side of the lake the crowds welcomed Jesus, because they had been waiting for him. <sup>41</sup> Then a man named Jairus, a leader of the local synagogue, came and fell at Jesus' feet, pleading with him to come home with him. <sup>42</sup> His only daughter, who was about twelve years old, was dying. As Jesus went with him, he was surrounded by the crowds. <sup>43</sup> A woman in the crowd had suffered for twelve years with constant bleeding, and she could find no cure. <sup>44</sup> Coming up behind Jesus, she touched the fringe of his robe. Immediately, the bleeding stopped. <sup>45</sup> "Who touched me?" Jesus asked. Everyone denied it, and Peter said, "Master, this whole crowd is pressing up against you." <sup>46</sup> But Jesus said, "Someone deliberately touched me, for I felt healing power go out from me." <sup>47</sup> When the woman realized that she could not stay hidden, she began to tremble and fell to her knees in front of him. The whole crowd heard her explain why she had touched him and that she had been immediately healed. <sup>48</sup> "Daughter," he said to her, "your faith has made you well. Go in peace."*

- Read prayerfully and slowly Luke 8:40-48, and see what words, phrases or images stand out to you. Meditate and reflect on how God is speaking to you in these ways.

### **Day Two: Read Luke 8:49-56**

*<sup>49</sup> While he was still speaking to her, a messenger arrived from the home of Jairus, the leader of the synagogue. He told him, "Your daughter is dead. There's no use troubling the Teacher now." <sup>50</sup> But when Jesus heard what had happened, he said to Jairus, "Don't be afraid. Just have faith, and she will be healed." <sup>51</sup> When they arrived at the house, Jesus wouldn't let anyone go in with him except Peter, John, James, and the little girl's father and mother. <sup>52</sup> The house was filled with people weeping and wailing, but he said, "Stop the weeping! She isn't dead; she's only asleep." <sup>53</sup> But the crowd laughed at him because they all knew she had died. <sup>54</sup> Then Jesus took her by the hand and said in a loud voice, "My child, get up!" <sup>55</sup> And at that moment her life returned, and she immediately stood up! Then Jesus told them to give her something to eat. <sup>56</sup> Her parents were overwhelmed, but Jesus insisted that they not tell anyone what had happened.*

- Today, prayerfully and slowly read the rest of this story in Luke 8:49-56, and see what words, phrases or images stand out to you. Meditate and reflect on how God is speaking to you in these ways.

### **Day Three: Read Luke 8:40-56 (see texts in Day One & Two)**

- In Luke 8:40-56, with whom or what situation do you most identify and what do you better understand about yourself and God?

### **Day Four: Read Luke 8:44-46, 54-55**

*<sup>44</sup> Coming up behind Jesus, she touched the fringe of his robe. Immediately, the bleeding stopped. <sup>45</sup> "Who touched me?" Jesus asked. Everyone denied it, and Peter said, "Master, this whole crowd is pressing up against you." <sup>46</sup> But Jesus said, "Someone deliberately touched me, for I felt healing power go out from me." <sup>54</sup> Then Jesus took her by the hand and said in a loud voice, "My child, get up!" <sup>55</sup> And at that moment her life returned, and she immediately stood up! Then Jesus told them to give her something to eat.*

- Ask Jesus for the healing you need today. Ask Jesus for the healing someone else you know of needs today. Be aware of how healing does come, even if it comes differently than you imagine.

### **Day Five: Read Luke 8:47-48**

*<sup>47</sup> When the woman realized that she could not stay hidden, she began to tremble and fell to her knees in front of him. The whole crowd heard her explain why she had touched him and that she had been immediately healed. <sup>48</sup> "Daughter," he said to her, "your faith has made you well. Go in peace."*

- Do you ever feel ashamed or embarrassed for your need or tears? Share your tears with God and/or trusted others, knowing you matter. Or be a safe space for another to share their tears, without needing to advise or "fix" them. Just be the loving presence of God with another so they know they matter as they share their pain or tears.