

Parkinson's Disease Support Group

Parkinson's Disease (PD) Support offers an opportunity for you or someone you help care for to connect with others affected by this condition to learn, share experiences, and offer mutual support. We begin with a presentation on a topic of interest and break into separate small groups of those living with PD and their family member/caregivers.

Meetings

2nd Thursday/monthly, 6:00 - 7:30 pm
Christian Life Center, Family Room

Caregiver Support Group

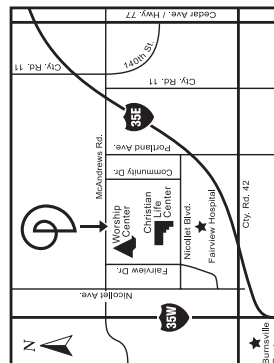
Caregiver Support, in partnership with DARTS, provides a safe, supportive environment where family caregivers come together to discuss concerns with trained facilitators and to learn from others caring for a loved one. Please contact group facilitator and licensed social worker, Linda Walker at DARTS, 651-234-2249.

Meetings

1st & 3rd Wednesday/monthly, 1:00 – 2:30 pm
Christian Life Center, Room 230



13901 FAIRVIEW DRIVE
BURNSVILLE, MN 55337



ALL GROUPS ARE OPEN | NO FEE OR PRE-REGISTRATION
MORE INFO: POPMN.ORG/SUPPORT | 952-898-9358



PRINCE OF PEACE

Called to Connect

SUPPORT GROUPS

- 12 Steps for Christian Living
- Alcoholics Anonymous
- Adult Children of Alcoholics
- Adult Children of Persons with Memory Loss
- Caregiver Support
- Depression Support
- Grief Support
- Parents, Families and Friends of Lesbians and Gays (PFLAG)
- Parkinson's Disease Support
- Women's Divorce Support

PRINCE OF PEACE LUTHERAN CHURCH
13901 FAIRVIEW DR. BURNSVILLE, MN 55337

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Grief Support Group

Grief Support Group opens the door to healing by providing safe, confidential, Christ-centered support for adults who have experienced the death of a loved one. Trained facilitators who have a passion for helping others lead the discussion. We begin with a presentation on a topic of interest related to grief then break into small groups. *No Grief Support meetings on Monday holidays.*

Meetings

Mondays, 6:00 - 7:30 pm
Christian Life Center, Chapel

Growing Through Loss Coalition

Growing Through Loss (GTL), sponsored jointly by the Interdenominational South Suburban Grief Support Coalition, provides support for adults who have experienced loss, information about the grieving process, caring and support from others who are also grieving and sharing of memories and feelings in a confidential setting.

A series of educational programs on topics related to grief and loss are offered each spring and fall. More information at 651-452-8261 or GrowingThroughLossTCSouth.com.

Women's Divorce Support Group

Divorce Support welcomes all struggling with the process of divorce, including individuals and family members. We offer safe, confidential, Christ-centered small group emotional and educational support led by a Certified Divorce Financial Analyst. Individualized meetings are available for those who would like one-on-one support. Prior to coming for the first time, please contact Katri Balfanz at 952-258-9830 or katri@kbf Financials.com to confirm meeting time and location.

Adult Children of Persons with Memory Loss

Sometimes it is helpful to receive support from those who know what it's like to go through loss or live with a health concern. Sessions are informally facilitated by community advocates who have experienced the journey of caring for a loved one. For more info call Beth Remarcke, MA, LMFT Licensed Marriage & Family Therapist, at 952-431-3409.

Meetings

3rd Thursday/monthly, 6:30 - 8:00 pm
Christian Life Center, Room 250

12 Steps for Christian Living

Are you struggling with an addiction or self-defeating behavior that detracts from the quality of life of you or a loved one? This group shares their experience, strength and hope with each other. Please contact Kay E. at 952-649-9514.

Meetings

Sundays, 9:45 - 10:45 am
Christian Life Center, Room 109

Alcoholics Anonymous Support Group

AA is a meeting society for recovering alcoholics.

Meetings

Monday – Thursday; noon - 1:00 pm
Christian Life Center, Media Center

Adult Children of Alcoholics

ACA is a Twelve Step, Twelve Tradition program for people who grew up in alcoholic or otherwise dysfunctional homes. Please contact Carolyn Schulte at 952-447-3738.

Meetings

Thursday; 6:30 - 8:30 pm
Christian Life Center, Room 230

Depression Support Groups

Depression Support is a great source of help and inspiration for individuals and their family members affected by depression or related illnesses. Discussions are designed to offer peer-to-peer support led by trained facilitators. This mutual self-help group provides an opportunity to talk and share personal experience in a safe environment. Small groups offered for individuals and family. No meeting during Depression Support Coalition speaker series (Call Russ Shupe at 952-890-9671 for schedule)

Meetings

Tuesdays, 6:30 - 8:00 pm
Christian Life Center, Room 280

Depression Support Coalition

Depression Support Coalition (DSC) is a faith-based, interdenominational group of churches whose mission is to inform, educate, support and cultivate a community of spiritual hope for those affected by depression as well as their families.

Each spring and fall, DSC develops a program of monthly informational talks by professionals and those experienced with depression and related illnesses. Visit DepressionSupportCoalition.org.

Parents, Family and Friends of Lesbians and Gays (PFLAG)

PFLAG supports parents, family, allies and friends of lesbian, gay, bisexual, and transgender persons. We are a place of love and acceptance with members from all walks of life. Following a presentation on a topic of interest we break into small groups for parents and family, friends and allies, GLBTQ, and straight spouse.

Meetings

2nd Monday/monthly, 6:30 - 8:00 pm
Christian Life Center, Room 230