



**PRINCE
OF PEACE**
Called to Connect

Medical/Dental Mission Trip

Thank you for your interest in the fourth Medical/Dental mission trip to Jarabacoa Dominican Republic. We have done dental 4 different times and some basic medical care on 3 previous trips. For those of you that have spouses that would like to attend, we have room for you as well!

The following pages will outline the purpose of the trip, procedures we will perform, schedule, FAQ's, etc. It will also give you some background of Doulos Discovery School, our host for the week.

Welcome to this exciting journey of faith! Assuming you make a "yes" decision to attend a medical/dental trip in the Dominican Republic (DR), you are obeying this commandment of Christ. What an exciting journey this will be! Our prayer is that your time in the DR would focus, challenge, and strengthen your walk with Christ as you serve His people in the DR.

Trip purpose

The purpose of the trip is to serve God's people in the Dominican Republic by providing free medical and dental care/assessment to those who may have limited access. We plan to set up four clinics in the barrios (villages) and provide education on several health topics in addition to the medical and dental care. We also plan to provide similar clinic time and education for Doulos students and teachers and hopefully donate some supplies to the school nurse and local clinic. We look forward to the opportunity to be the "Hands, heart and feet of Jesus."

What procedures will we be doing – Medical?

We will be doing basic medical care. This is a non-surgical trip. We will do treatments as needed and we will carry a formulary of Meds.

What procedures will we be doing – Dental?

The dental clinic will be focused on pain management. More than likely, we will be doing some restorative work and extractions.

What can I do if I am not medically or dental trained?

We have room for you as well! There will be an opportunity to provide vision checks, pass out gift bags to clients or one of the other non-medical positions that are necessary on a medical/dental mission trip.

Trip Leader Background:

Eric Elton – 612-669-1153, or email at elton@popmn.org. Eric is the Director of Outreach at Prince of Peace in Burnsville, MN. He is also the board chair of Doulos Discovery Ministries, our mission partner for this trip. He has led more than 40 mission trips to multiple locations – Dominican Republic, Jamaica, Mexico, Tanzania are a few of the destinations.

Doulos Discovery School

Since the spring of 2003, Prince of Peace Lutheran Church, in Burnsville, MN, has been partnering with Doulos Discovery School, a Christian, bilingual school in Jarabacoa, Dominican Republic (DR). The school officially opened on September 1 of 2003. The school has a high commitment to the Good News of Jesus Christ and to education. Classes are taught in English and Spanish. Class sizes range between about 10 – 18 kids. The school staff is a mix of missionaries from the United States and local/Latin American staff. You can check out Doulos Discovery School at www.doulosdiscovery.org.

Some more things about the school:

Doulos Discovery School Vision and Mission Statements:

Mission & Vision

Doulos is a Christian, college-preparatory, Expeditionary Learning, English-immersion school. The school provides a sponsorship-supported PK-12 education to students of varying socioeconomic classes in the Dominican Republic.

The mission and vision at Doulos is:

Educating and equipping servant leaders through Christian Discipleship and Expeditionary Learning to impact the Dominican Republic.

Educating

Our aim is to develop leadership and critical thinking skills as well as equip our students to complete their education by preparing them to attend universities internationally. Our academic standards and expected student learning outcomes meet those set by both the Dominican Republic and Washington State and we are accredited in the Dominican Republic and internationally by ACSI and AdvancED International.

Equipping

We equip students from all economic backgrounds for global competitiveness and international college entrance by providing preschool through high school sponsorships to 50% of our students. In a country where people are often isolated from each other based on their family's income level, we attempt to bridge the gap by educating rich and poor together, and building lasting relationships between socioeconomic classes.

Servant Leaders

Service is a key part of what we do. In fact, the word Doulos comes from the ancient Greek word for servant. Our staff and students value loving and serving others because Christ first loved and served us. Our desire is to demonstrate what it means to be a servant-leader through our actions at school, at home and in the community. We incorporate service projects into our curriculum and invite others to join us for service-learning trips.

Christian Discipleship

We are a non-denominational Christian organization which holds to traditional Christian beliefs as outlined in our Statement of Faith. Following Christ in Christian Discipleship is the central motivation for everything we do at Doulos. The desire of our staff is that our students would become followers of Christ and yield their lives in worship to God. We accomplish this through Biblical Integration in our curriculum and by organizing regular times of Bible study and worship with our students.

Expeditionary Learning

Our approach to education is one that inspires our students to be engaged and self-motivated learners by taking students and teachers out of the classroom and into the world. We prepare our students for success by giving them the tools and opportunities to experience hands-on, project-based learning expeditions as well as to connect with professionals and experts in the fields they are studying. Expeditionary Learning is based on 10 design principles and student achievement is measured not just by exams, but by creating real-world products that serve the greater community.

Impacting the Dominican Republic

Our vision as an organization is to positively impact the state of education in the Dominican Republic. Our school mascot is “the revolutionary”, because our desire is to see our students complete their education internationally and then return to the Dominican Republic to take on revolutionary roles in the leadership of the country.

US Address Contact Information:

Doulos Discovery Ministries
P.O. Box 3080
Burnsville, MN 55337
Phone number: 612-669-1153

To find out more about the trip, please read the following list of FAQ's. We have tried to cover the most important topics. If you have any other questions, please do not hesitate to contact Eric Elton at 612.669.1153 or eelton@popmn.org.

The balance of this booklet is intended to answer many questions about the work, traveling questions, transportation, medical concerns, etc.

Frequently Asked Questions (FAQ's)

What are the dates of the trip?

Trip Dates – October 20 -October 27th, 2018.

How much will the trips cost?

\$1,850, which will include all costs except, souvenirs, travel food, immunizations and passport fees.

What do I need to do to reserve a spot on a trip?

You will need to complete a registration form and submit a \$150 check, per person, to reserve a spot. The checks and registration will need to be mailed to Doulos (address below) or given to Eric Elton by July 1, 2018. This date will need to be firm in order to have enough time to reserve the correct number of spots on airlines and lodging. If you are unable to register by that date, trip costs may change depending on flight availability. All team members who are licensed will need to include a copy of their license with the application, and a copy of their passport if they have it by that time. This will be a requirement for medical/dental professionals by the Embassy. Mailing address is:

Doulos Discovery Ministries
PO Box 3080
Burnsville, MN 55337

How will we be connecting with the people of the DR?

Generally, our work will be with the Dominican people all of the time. In addition to the daytime, there will be other times that we will connect-like when we are on school campus and when we go to dinner at a Dominican home. We will also be spending some time in downtown Jarabacoa ... going to church ... going out to dinner ... etc.

What type of work will we be doing?

The work we will do will be geared around the gifts that will be represented by our group – medical and dental. The medical and dental work will be out in remote villages (electricity may be sketchy), but the communities are known to our hosts.

What will a workweek look like?

A workweek will look like the following:

- ◆ The trip will be leaving Minneapolis/St. Paul Airport on Saturday morning. We will arrive in Santiago, DR (in the central part of the island) early evening then we will board our bus/vans and head towards the town, Jarabacoa, which is about 45 minutes away. We will take some time to get acquainted with our new surroundings and each other and call it a day. This is a fairly long day of travel.
- ◆ The first morning we will get up and go to a Spanish speaking church and exploring Jarabacoa. We may do some work (organizing supplies) in the afternoon or spend some time learning about Jarabacoa.
- ◆ Weekdays will be fairly similar. Each morning will begin with devotions, followed by a bus ride to our daily location where we will set-up our clinics and serve the Dominican people. We will see anywhere between 200-250 people per day, but will break for lunch each day. The evenings will be filled with small group time, fellowship and relaxation.

We will have at least one dinner in the town of Jarabacoa and at least one evening at a Dominican Family's house.

- ◆ The last full day of the trip will begin with devotion, breakfast and then we will do some white water rafting in Jarabacoa and a nice dinner in the evening. This will be a day of relaxation before we return home.
- ◆ On October 7th, we will be heading to the Santiago airport very early in the morning. We will arrive in Minneapolis shortly after dinner. See itinerary below.

What if I have a medical emergency?

Other than we will have doctors with us, if there is a medical emergency, you will be taken to the best hospital in Santiago, which is an excellent private clinic. It comes highly recommended and has a very qualified staff. Also, each traveler will be carrying travel health insurance which is included in the cost of the trip.

Is it hot?

We can expect the temperatures while we are working to be in the low 80's during the day and dropping into the 70's at night. Due to the proximity to the equator, the sun is very intense. Sunscreen is essential.

What language do they speak in the DR?

Spanish is spoken in the DR. Although Spanish is their main language, we will always have an interpreter(s) with us so we should not have any difficulty communicating.

Is it a safe country?

Overall, the DR is a very safe country. We will be taking precautions along the way to insure our safety.

Are their bugs?

Yes there will be bugs. Bugs called "no see-ums", spiders and other tropical critters will be found - although a muggy summer day in Minnesota will bring out even more bugs. Bug spray is encouraged.

Do I need a passport?

Effective January 1, 2006, all travel to the Dominican Republic (and most other Caribbean islands) will require a passport. The cost is about \$100 per person and takes about 30 days for the government to process. An expedited fee can be paid in order to have the time frame shortened. This cost above and beyond the trip cost.

Do I need any shots?

You will need to contact your doctor for their recommendation. It is highly recommended that you receive a Hepatitis A shot. It is also recommended that you have an updated Tetanus booster and Polio vaccination. Malaria and Typhoid pills are not necessary for the destinations that we will be traveling in. Malaria and Typhoid are most prevalent in Haiti, which is on the other end of the island.

Where will be staying?

We will be staying at Casa Tranquilla, which is about 5 miles from Doulos. It is a motel format, which means there is a room and a bathroom and a sitting area in each room. Each room will have at least 3 people in them, maybe 4, but there are private rooms for couples. There is a pool and some group spaces to meet our needs. The majority of our meals will be provided by Casa Tranquilla. The facility is clean, safe and convenient.

Will there be communication to and from the US?

We will provide emergency phone numbers to you that you can leave for families back in Minnesota. Emails from home may be checked periodically. Generally phone calls back to the United States are **VERY EXPENSIVE**. When we go into town, we may have an opportunity to find a shop with phone banks to call back to the US. These calls are often reasonable in cost. More than likely, your cell phones will work. Per minute charges are quite expensive-check with your provider.

How will we travel within the DR?

While we are in the DR, we will be traveling by bus/van, as a group to most of our destinations. When we have dinner with our host families, transportation will vary.

Can I drink the water in the DR?

Any water that is provided by our hosts will be 100% drinkable. You will not want to drink water out of public water fountains or out of faucets. We will be clear on what is drinkable or not.

What type of food will we eat?

Most of the food that we will eat will be native to the DR and will be extremely good – rice and beans, chicken, pork, native fruits. Although, there may be some food that will be unfamiliar to us. We will give advice for certain snack items, like granola bars that you can bring from home.

How much additional money will I need?

Your fee for the trip will pay for all meals except travel time (in the airports) meals. The only money you should need is for souvenirs and miscellaneous things you may have forgotten.

Do I need to convert money?

Our recommendation is to not convert money to pesos before you leave. Many merchants will accept credit cards which automatically convert from pesos to U.S. dollars. The exchange rate tends to be favorable. If you need some money converted, some of the banks have ATMs that will accept your cash card. There is also a money exchange business 1 block away from school.

Flight Schedule

Oct 20, 2018	MSP JFK	6:55am-10:45am
	JFK STI	2:20pm-6:02pm
Oct 27, 2018	STI JFK	6:00am-9:45am
	JFK MSP	11:45am-1:51pm



***2018 Dominican Republic Medical/Dental Mission Trip
Registration Form***

Medical & Dental Trip (October 20 - October 27, 2018) Age 16 and up
Approximate cost is \$1,850.

Down Payment of \$150 (per person) by July 1, 2018 reserves your spot. Final Payment due September 1, 2018.

Name: _____ Home Phone: _____

Spouse (if attending): _____ Work Phone: _____

Address: _____

City: _____ State: _____ Zip Code: _____

E-mail: _____ Birthdate: _____

M/F _____

Emergency Contact: _____ Emer. Phone: _____

Emergency Email: _____

Delta Skymiles Number: _____

Medications: _____

T Shirt Size: _____

Effective January 1, 2006, Passports are mandatory. If you do not currently have a passport, this will be an additional cost.

Check and this registration form should be mailed to:

Doulos Discovery Ministries
PO Box 3080
Burnsville, MN 55337
Attn: Eric Elton

If you have any questions, please contact:
Eric Elton, Director of Outreach, Prince of Peace

eelton@popmn.org or 612-669-1153