



SMALL GROUP GUIDE [MS] | SEX [MARCH 22]

SCRIPTURE | 1 Corinthians 6:19-20

PROBLEM

We don't have healthy expectations about sex in terms of its impact on life.

BOTTOM LINE

God's dream for us is to filter through our desire to be known/know and loved/love.

DO HARD THING

How is sex being misused around you? Step into God's dream by putting on a new filter.



- Tonight will be a communion night. Please encourage your small group to stay quiet during communion.
- After communion, we are going to split the groups based on gender for some deeper teaching and discussion. Guys will be traveling to the Community Room, and girls will stay in the Sanctuary. Please stay with your group!

MY GOAL FOR THE NIGHT |



Everywhere you look, we have messages about sex, our bodies, and relationships. It's sometimes difficult to know what to believe, think, feel, and ultimately do when it comes to all these messages. We need a filter to be able to process what we are seeing. God has a dream for us when it comes to sex and relationships, and He is relentless about helping us process what is healthy, life-giving, and joyous for us. It starts with us identifying our views, possibly unlearning ways we misuse these messages, and stepping into a healthy and positive dream for our future regarding sex and relationships.

JUST FOR FUN

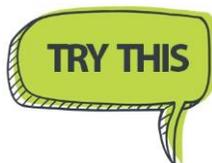
- See Just for Fun page.



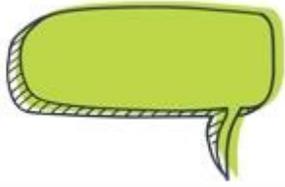
"We need a new filter when it comes to sex/relationships. It's about seeing God's dream for us with how we can love and be loved. Let's talk!"

DISCUSSION QUESTIONS

- Have you ever had filtered water? What does it taste like?
- What are some other filters that are important with our lives?
- If it was crushes, or even the phrase "I love you", what are your memories of love/relationships?
- One thing that is unhelpful in thinking about relationships is thinking that they need to be the center of everything we do. Have you ever seen this with a situation with a friend or family member?
- If sex is the ultimate act of connection, love, and knowing someone, what is important about protecting that truth?
- What are some messages that we hear about sex and relationships on TV, the internet, and at school?
- How can we learn to filter through those messages to hear God's story about sex/relationships?



Using a piece of paper, come up with as many "messages" you've encountered about sex/relationships in the last month. What messages are helpful? What ones are not helpful? What surprises you about these messages? What would you say God's dream for sex/relationships (see bottom line) would say about them?



EXTRAS
