



OCTOBER THEME

**FEAR, INC**

**BIBLE STORY**

Exodus 13:17–14:31 |

Spark p. 84-89

Parting Waves | Moses and the Red Sea

**BOTTOM LINE**

You can do what you should even  
when things seem impossible

**MEMORY VERSE**

“Be strong and courageous. Do not  
be afraid; do not be discouraged, for  
the Lord your God will be with you  
wherever you go.”

Joshua 1:9b, NIV

**LIFE APP**

Courage—being brave enough to  
do what you should do, even when  
you’re afraid

**BASIC TRUTH**

I can trust God no matter what

**FOR LEADERS ONLY**

**GOD VIEW:** the connection between **COURAGE** and God’s character, as shown through God’s big story

**This WEEK:** In **Exodus 13:17–14:31**, Moses led the Israelites out of Egypt, but found himself up against an impossible scenario: the Red Sea in front of them and Pharaoh’s army chasing them down from behind. Only God could save them. Moses stood strong in the face of fear and trusted God to do what only God could do—part the Red Sea and create dry ground for the Israelites to escape. Our God is truly the God of the impossible.

**Bottom Line:** **You can do what you should even when things seem impossible.** We may not face the Red Sea or an army of angry Egyptians, but we will face moments where what we need to do will feel impossible to us. When that happens, we can remember that we can trust God no matter what. God is bigger and stronger than anything we face. Just like Moses and the Israelites, God can do the impossible in our lives too.

**SOCIAL: PROVIDING TIME FOR FUN INTERACTION**

Welcome kids and spend time engaging in conversation and catching up. Get ready to experience today’s story.

Before kids arrive, **PRAY** for each regular attendee by name. Pray for those who might visit your group for the first time. Pray for kids who are dealing with things that seem impossible, whether it’s learning fractions at school or a parent who is terminally ill. Ask God to give those kids courage to move forward in faith, knowing that God will be with them every step of the way.

•• **EARLY ARRIVER IDEA**

**What You Need:** No supplies needed

**What You Do:**

- Get the kids to talk about things that used to be impossible for them to do, but now that they’re a little bigger, they can do them. Examples: tie their shoes, go to the bathroom by themselves, brush their teeth, get dressed, make a sandwich, write their own names, etc.

•• **IMAGINATION TRAP**

**What You Need:** No supplies needed

**What You Do:**

- Have the kids work together to play a game of imagination, telling a story about “Spy One” and “Spy Two.” Provide lots of help as needed.
- In the game, someone will think of a trap that Spy One would set for Spy Two.



- Then someone else will think of a way Spy Two would either avoid the trap or escape it when he gets caught. For example:
  - One kiddo might say, “Spy One sets a trap door trap to drop Spy Two down onto sharp spikes!”
  - The next kiddo might say, “Spy Two falls in the hole, but he is wearing super boots that keep the spikes from hurting him and bounce him out of the hole.”
  - Another kiddo might then say, “But then Spy One releases a hungry tiger to eat Spy Two!”
  - Then someone else might say, “But Spy Two pulls a raw steak out of his pocket and throws it out for the tiger to chase while he escapes.”
- The game can continue as long as the kids can continue thinking of ideas. You can also keep it going by giving a new starting point and letting kids take it from there.

**What You Say:** “You all have wonderful imaginations! Those were some clever traps and some clever escapes. Some of those traps seemed impossible to escape, but we thought of ways that we could do it. You know, there aren’t many traps that someone can’t figure out a way to escape. With all of this creativity, you’d think we’d never get discouraged by problems in our lives. But we often end up in situations we don’t think there is a way out of. When we are faced with things that seem impossible, we don’t have to just rely on our own creativity. If we did it would eventually run out. **[Transition] Today in Large Group Worship/WoW Family Worship we will learn/ we learned about an impossible situation that no human creativity could escape from.**”

*[Sunday Leaders: Lead your group to the Family Room for Large Group Worship. Wednesday Leaders: Continue with the study.]*

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## GROUPS: CREATING A SAFE PLACE TO CONNECT

Create a safe place to connect and learn how the Bible story applies to real life experiences, through interactive activities and discussion questions.

- **REMEMBER WHO GOD IS** (*application activity/review the Bible story*)

**What You Need:** Spark Story Bible, “Creation” coloring page, “Noah” coloring page, “Joseph” coloring page, crayons

**What You Do:**

- Read “The Red Sea” on pages 84-89 in the Spark Story Bible.
- Remind the kids that in the Bible stories this month, the Israelites have seen God do amazing things to help them be ready to leave Egypt, but now they are afraid of the same Egyptians that God had already defeated once. They forgot who God was!
- Tell the kids that you want them to imagine that they could color some pictures for the Israelites to remind them of what God can do. That way they could remember to trust God.
- Hand out the coloring pages and crayons.
- Tell kids that the pictures on their coloring pages are great moments from the Bible up to that point: the creation of the world, Noah, and Joseph. In all of these stories, God proved that God was trustworthy.

**What You Say:** “God has done some amazing things in the Bible for people and for us. When we remember who God is, we don’t have to worry about things seeming impossible. God is a God who takes care of impossible situations all the time. That doesn’t mean every problem we have will be solved with a miracle and it doesn’t mean that every bully who bothers us will have plagues sent after him by God! But it does mean that we aren’t going through any hard time that God isn’t there along with us. **[Make It Personal] (Talk about something God did that you remember that helps you trust God today.) [Bottom Line] You can do what you should even when things seem impossible.**”



●● **IMPOSSIBLE FEATS** (*application activity*)

**What You Need:** No supplies needed

**What You Do:**

• Guide kids to try the “Impossible Feats” listed below:

• Paralyzed Finger:

—Kids place a hand on the table.

—Kids bend their middle finger so both knuckles are on the table.

—With the middle finger bent, kids try lifting, one at a time, their thumb, index finger, ring finger, and pinky finger.

—Can kids do it? (They won’t be able to lift their ring finger.)

• Lift Your Foot:

—Kids stand sideways against a wall so their ankle, knee, hip, shoulder, and head are resting on the wall.

—Without moving any part of their body from the wall, kids try to lift their foot that is not touching the wall.

—Can they do it? If not, why? What happens when they move only the foot touching the wall away from the wall slightly? Can they move the other foot now?

• Some kids may be able to do the following difficult feats:

—Lick your elbow.

—Raise only one eyebrow.

—Wiggle your ears.

—Curl your tongue.

**What You Say:** “I love how hard you all tried to do the activities even though, as you tried, it seemed impossible to accomplish the task. Sometimes you will find yourself in situations that seem impossible. But remember, **[Bottom Line] you can do what you should even when things seem impossible.** Crossing the Red Sea seemed impossible for the Israelites, but what was the first thing Moses did? The very first courageous thing Moses did was to trust God no matter what! The Israelites were terrified and crying out loud and Moses said, ‘Do not be afraid ... the LORD will fight for you.’ (*Exodus 14:13-14, NIV*) Though the situation looked impossible, Moses trusted God would be there for them. And then Moses showed courage by listening to God. What did God tell Moses to do with his staff? (*Raise the staff over the water.*) And what did Moses do? (*Moses obeyed.*) Like Moses, when things seem impossible, you can show courage by trusting God and obeying God.”

**[Make It Personal]** (*Think of a time when God asked you to do something that seemed impossible. Maybe a friend was really sick and you couldn’t help them feel better. Or you were asked to go on a mission trip to a country and you didn’t even speak the language there. Or you needed to forgive a friend who had really hurt your feelings. What did you do to show courage and take the first step even when it seemed impossible for you to make a difference?)*

●● **PICK-UP CARDS** (*memory verse activity*)

**What You Need:** “Memory Verse Cards”

**What You Do:**

• Divide your kids into two teams.

• Divide the memory cards among the kids on one team.

• Tell kids on team one to throw their cards high up into the air.

• Kids from team two should work together to collect all the cards and put them in the correct order. Provide lots of help as needed.

• When team two is done, divide the cards among them and let team one collect the cards and put them in order.

**What You Say:** “You did a great job putting the verse together AND scattering the cards about. When the Israelites faced a seemingly impossible task, God gave them the courage to take the first step and God was with them the whole time to see them through it. God will do the same thing for us today. Remember our Bottom Line: **[Bottom Line] You can do what you should even when things seem**

