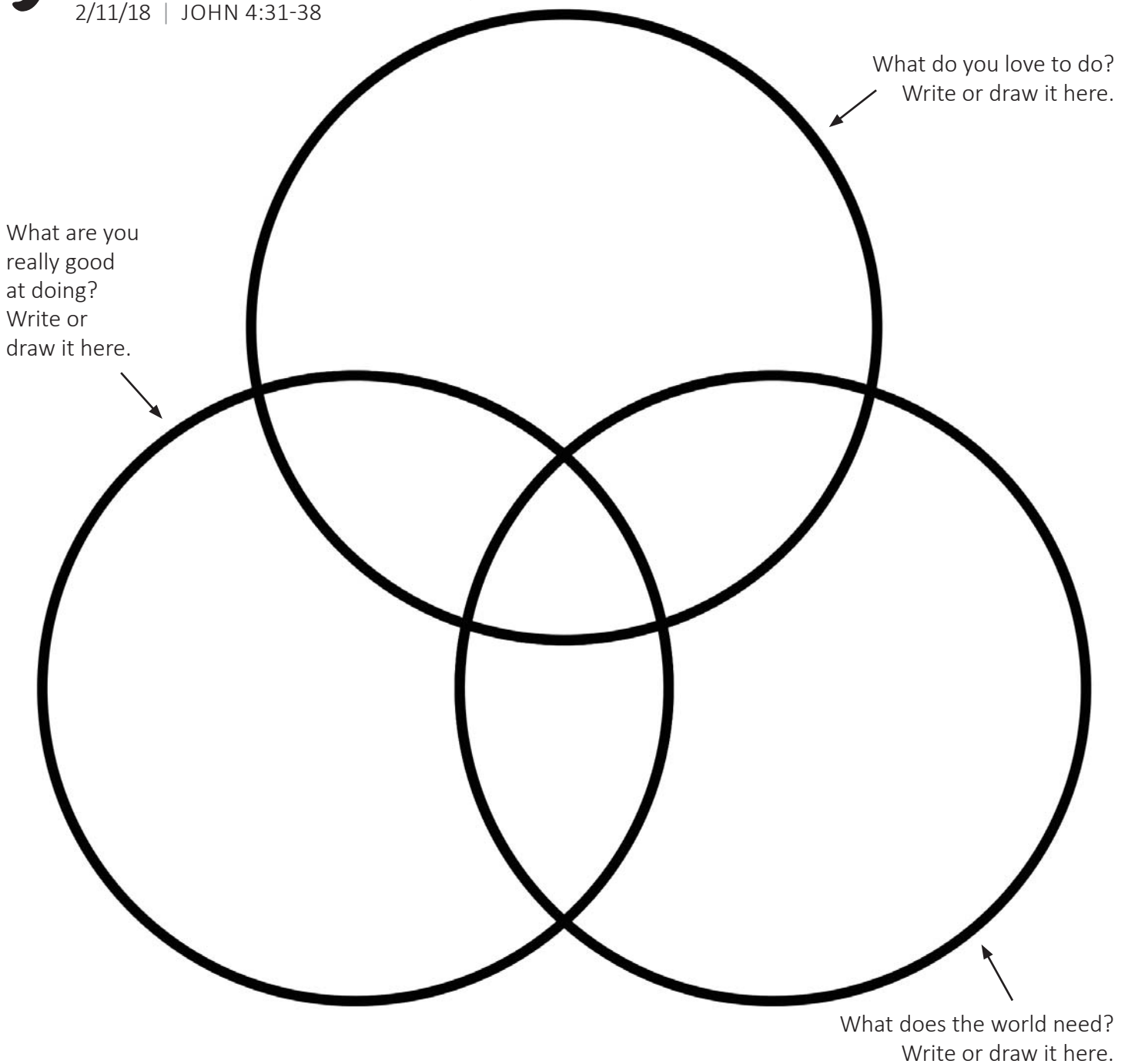


Your Own Recipe

2/11/18 | JOHN 4:31-38



Do you ever need a snack to keep your energy up? Do you get crabby when you're hungry? What kind of food do you eat?

In today's story Jesus says the kind of food he's talking about is actually doing the will of God. What do you think that means? How does doing God's will fuel Jesus up? Could doing the will of God refuel us, too? And what exactly is the will of God?

Fill in the circles above. Can you find the place where all three circles intersect? Can you think of anything that works in all three circles – anything you love, that you're good at, and that the world needs, all at the same time? Is that your calling?

Every night before bed this week, talk as a family about where you lived out your calling during the day. How did that feel?