

DAILY READING PLAN

Reflection

Week of July 9, 2017



As you move into the week ahead, you'll have an opportunity to not only hear the word of God each day, but you'll have the chance to do what James urges us to do: to put it into practice. Read the passage from James 1:22-27 and think about what it means for you to not only hear it, but to actually do God's word—to live it out.

Day 1

When you need Peace, read 1 Peter 5:7: *"Cast all your anxiety on him, because he cares for you."*

- Think of a time in your life when you really needed some peace. How does knowing that Christ cares for you help you cast your cares on him?

Day 2

When you need Encouragement, read Isaiah 40:31: *"...but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."*

- Read the passage and spend some time expressing gratitude to God for the times in your life when you've experienced renewed strength, when you've soared like an eagle, when you've run without wearying, and walked with surprising energy.

Day 3

When you need Hope, read Jeremiah 29:11: *"For surely I know the plans I have for you, says the LORD, plans for your welfare and not for harm, to give you a future with hope."*

- How have you experienced "the plans" of God for you in your life? How is it possible to have hope even when life is challenging and filled with struggle?

Day 4

When you are Lonely, read Deuteronomy 31:8: *"It is the LORD who goes before you. He will be with you; he will not fail you or forsake you. Do not fear or be dismayed."*

- When have you felt God's presence most deeply? When have you felt God's absence? Think about this: Is God really "moving in and out" of our lives in this or is it mostly our perception?

Day 5

When you struggle with Guilt, read Psalm 103:12: *"...as far as the east is from the west, so far he removes our transgressions from us."*

- We all experience guilt in our lives; some less, some more. Now imagine the reason for some area of guilt in your life and read this verse out loud several times.

Day 6

When you need to be reminded of God's Love for you, read Romans 8:38-39: *"For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. Nothing will separate us from the love of God in Christ."*

- Read this passage several times during the day. Look it up in your Bible or write it out. Read it again and again. Pay attention to how this impacts your heart throughout the day.

Day 7

When you need to be reminded of the promise of new life, read John 10:10: *"I came that you may have life, and have it abundantly."*

- What does "abundant life" look like or mean to you? Make a list of the things that you put in the "abundant life" category. Now go back and see how many of those things involve another person. Just checking.

PRAYERS

Pray for:

Megan, Grant, Dave, Jennifer, Jack, Marianna, Jan, Ben, Carol, Peter and Jocelyn, Sandy, John, Mark, Matt, Andy, Allison, Chad, Diane, Audrey, JoJo, Nancy, Don, Jordan, Bev, Noelle, Ryan, Jason, Steve, Ruthie.

Pray for those with long-term illness:

Naomi Edwards, Claude Johnson, Jenny, Lucas Lamontage, Sandra Jundt, Stella Mae Aaby, Harold Johnson, Janice Wake, Karen Axeen, Gloria Swanson, Chloe Checcho, Jean “Yaya” Welch, Tim Ivers, Corey “Lovely” Samuel, Greg Wendorf, Vicki Nordaune, Bob Pelton, Emma Olson, Kerstin Bryall, Kathy G., Kate Drost, Evan Marian, Judy Wenner, Kurt Gartland, Dan Ward, Gavin Lyman, Judy Knutson, Bobbi Braun, Jen Cockerill, Mark Reinsmoen, Carissa Vincent, Adele Schoen, Sandy Brunes, Karin Fredricson, Lorna Hansen, David Odegard, Judy Furstenau, Duane Thoms, Sandy Robertson, Tami Allen, Bernie Wagnild, Maria Hurni, Julia Nicol, Doug and Carol Silkey, Bryan Akkerman, Greg Stofer, Ed O’Connor, James Alsip.

Pray for those serving in the military:

Brian Fedde, Colin Heintzeman, Maurice McKay, Dave Booth, Josiah Ellingson, Jason Wilck, Jason McClure.

If you have a prayer request:

- 1) Fill out a Connection Card at the tables in the Sanctuary or Welcome Desk
- 2) E-mail your request to prayer@popmn.org
- 3) Contact Jody Slaughter at jslaughter@popmn.org or 952-898-9312.